

































Cape Charles Harbor, VA - Mar 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	11:39	2.0			5:50	-0.1	5:56	-0.2	6:34	5:58	
2	Mon	12:06	2.4	12:26	1.9	6:43	0.0	6:47	-0.1	6:33	5:59	
3	Tue	12:57	2.4	1:18	1.8	7:44	0.1	7:45	-0.1	6:31	6:00	
4	Wed	1:56	2.3	2:19	1.8	8:51	0.2	8:50	0.0	6:30	6:01	
5	Thu	3:05	2.3	3:34	1.7	10:05	0.2	10:03	-0.1	6:28	6:02	
6	Fri	4:26	2.3	4:54	1.9	11:14	0.1	11:15	-0.1	6:27	6:03	
7	Sat	5:38	2.4	6:01	2.0			12:15	0.0	6:26	6:03	
8	Sun	7:38	2.5	7:59	2.3	12:20	-0.3	2:10	-0.1	7:24	7:04	
9	Mon	8:31	2.6	8:51	2.5	2:20	-0.4	2:59	-0.3	7:23	7:05	
10	Tue	9:19	2.6	9:38	2.6	3:15	-0.5	3:44	-0.4	7:21	7:06	
11	Wed	10:02	2.5	10:22	2.7	4:05	-0.5	4:24	-0.4	7:20	7:07	
12	Thu	10:43	2.5	11:04	2.7	4:50	-0.4	5:03	-0.3	7:18	7:08	
13	Fri	11:22	2.3	11:45	2.6	5:34	-0.3	5:40	-0.2	7:17	7:09	
14	Sat			12:01	2.2	6:18	-0.1	6:18	-0.1	7:15	7:10	
15	Sun	12:26	2.5	12:41	2.0	7:04	0.1	6:59	0.1	7:14	7:11	
16	Mon	1:09	2.4	1:23	1.9	7:52	0.2	7:45	0.2	7:12	7:12	
17	Tue	1:54	2.2	2:07	1.7	8:44	0.4	8:35	0.4	7:11	7:13	
18	Wed	2:43	2.1	2:57	1.6	9:40	0.5	9:33	0.4	7:09	7:14	
19	Thu	3:42	2.0	3:59	1.6	10:43	0.6	10:40	0.5	7:08	7:15	
20	Fri	4:55	1.9	5:14	1.7	11:44	0.6	11:47	0.4	7:06	7:15	
21	Sat	6:04	2.0	6:19	1.8			12:35	0.5	7:05	7:16	
22	Sun	6:56	2.1	7:09	2.0	12:44	0.3	1:19	0.4	7:03	7:17	
23	Mon	7:40	2.2	7:52	2.2	1:34	0.2	1:59	0.3	7:02	7:18	
24	Tue	8:20	2.3	8:33	2.3	2:20	0.1	2:37	0.1	7:00	7:19	
25	Wed	8:59	2.3	9:13	2.5	3:03	0.0	3:14	0.0	6:59	7:20	
26	Thu	9:37	2.4	9:52	2.6	3:44	-0.1	3:50	-0.1	6:57	7:21	
27	Fri	10:16	2.4	10:32	2.7	4:24	-0.2	4:28	-0.2	6:56	7:22	
28	Sat	10:55	2.3	11:14	2.8	5:05	-0.2	5:07	-0.2	6:54	7:23	
29	Sun	11:38	2.3			5:49	-0.1	5:49	-0.1	6:53	7:24	
30	Mon	12:00	2.8	12:25	2.2	6:37	0.0	6:37	-0.1	6:51	7:24	
31	Tue	12:50	2.7	1:16	2.1	7:33	0.1	7:33	0.0	6:50	7:25	