
































Cape Charles Harbor, VA - Jun 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	4:23	2.2	5:07	2.5	10:56	0.1	11:45	0.2	5:44	8:18	
2	Tue	5:29	2.1	6:07	2.6	11:49	0.2			5:44	8:19	
3	Wed	6:27	2.0	6:59	2.7	12:43	0.2	12:38	0.2	5:44	8:20	
4	Thu	7:19	2.0	7:45	2.7	1:37	0.2	1:25	0.2	5:44	8:20	
5	Fri	8:06	2.0	8:29	2.7	2:28	0.2	2:11	0.2	5:43	8:21	
6	Sat	8:51	2.0	9:10	2.7	3:14	0.2	2:56	0.2	5:43	8:21	
7	Sun	9:32	2.0	9:49	2.6	3:55	0.2	3:38	0.2	5:43	8:22	
8	Mon	10:11	2.0	10:27	2.6	4:32	0.2	4:17	0.2	5:43	8:23	
9	Tue	10:49	2.0	11:04	2.5	5:07	0.2	4:55	0.3	5:43	8:23	
10	Wed	11:28	2.0	11:43	2.4	5:41	0.2	5:33	0.3	5:43	8:24	
11	Thu			12:08	2.1	6:17	0.3	6:15	0.4	5:43	8:24	
12	Fri	12:23	2.3	12:49	2.1	6:55	0.3	7:00	0.5	5:43	8:24	
13	Sat	1:04	2.2	1:32	2.1	7:34	0.3	7:51	0.5	5:43	8:25	
14	Sun	1:45	2.2	2:15	2.1	8:16	0.3	8:43	0.5	5:43	8:25	
15	Mon	2:28	2.1	3:01	2.2	8:59	0.3	9:39	0.5	5:43	8:26	
16	Tue	3:16	2.0	3:52	2.3	9:46	0.3	10:39	0.5	5:43	8:26	
17	Wed	4:11	1.9	4:50	2.4	10:38	0.2	11:39	0.4	5:43	8:26	
18	Thu	5:13	1.9	5:48	2.6	11:32	0.2			5:43	8:27	
19	Fri	6:14	2.0	6:45	2.7	12:38	0.3	12:27	0.1	5:43	8:27	
20	Sat	7:12	2.1	7:41	2.9	1:35	0.1	1:23	0.0	5:43	8:27	
21	Sun	8:10	2.2	8:37	3.0	2:32	0.0	2:20	-0.2	5:43	8:27	
22	Mon	9:07	2.3	9:33	3.1	3:27	-0.1	3:18	-0.2	5:44	8:28	
23	Tue	10:02	2.4	10:27	3.1	4:19	-0.2	4:14	-0.3	5:44	8:28	
24	Wed	10:56	2.5	11:20	3.0	5:09	-0.3	5:08	-0.3	5:44	8:28	
25	Thu	11:50	2.5			5:59	-0.2	6:05	-0.2	5:45	8:28	
26	Fri	12:14	2.9	12:46	2.6	6:51	-0.2	7:06	-0.1	5:45	8:28	
27	Sat	1:07	2.7	1:41	2.6	7:44	-0.1	8:11	0.0	5:45	8:28	
28	Sun	1:59	2.5	2:37	2.6	8:37	0.0	9:15	0.1	5:46	8:28	
29	Mon	2:51	2.2	3:34	2.6	9:29	0.0	10:19	0.3	5:46	8:28	
30	Tue	3:48	2.0	4:36	2.5	10:21	0.1	11:23	0.3	5:47	8:28	