US HARBORS www.USHarbors.com

Cape Charles Harbor, VA - Jul 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	**4:52**	1.9	**5:38**	2.5	**11:14**	0.2			5:47	8:28	
2	Thu	**5:56**	1.8	**6:33**	2.5	**12:22**	0.3	**12:06**	0.2	5:47	8:28	
3	Fri	**6:53**	1.8	**7:22**	2.5	**1:16**	0.3	**12:56**	0.3	5:48	8:28	
4	Sat	**7:43**	1.9	**8:07**	2.5	**2:06**	0.3	**1:45**	0.3	5:49	8:28	
5	Sun	**8:29**	1.9	**8:49**	2.5	**2:52**	0.3	**2:33**	0.3	5:49	8:27	
6	Mon	**9:11**	2.0	**9:29**	2.5	**3:33**	0.3	**3:18**	0.3	5:50	8:27	
7	Tue	**9:50**	2.0	**10:06**	2.5	**4:10**	0.2	**3:58**	0.3	5:50	8:27	
8	Wed	**10:27**	2.1	**10:42**	2.5	**4:43**	0.2	**4:36**	0.3	5:51	8:27	
9	Thu	**11:04**	2.1	**11:18**	2.4	**5:14**	0.2	**5:13**	0.3	5:51	8:26	
10	Fri	**11:42**	2.2	**11:54**	2.4	**5:45**	0.2	**5:52**	0.4	5:52	8:26	
11	Sat			**12:20**	2.2	**6:19**	0.2	**6:33**	0.4	5:53	8:26	
12	Sun	**12:32**	2.3	**1:00**	2.3	**6:55**	0.2	**7:20**	0.5	5:53	8:25	
13	Mon	**1:12**	2.2	**1:42**	2.3	**7:35**	0.2	**8:11**	0.5	5:54	8:25	
14	Tue	**1:54**	2.1	**2:26**	2.4	**8:19**	0.2	**9:05**	0.5	5:55	8:24	
15	Wed	**2:40**	2.0	**3:15**	2.5	**9:06**	0.2	**10:04**	0.5	5:55	8:24	
16	Thu	**3:33**	1.9	**4:13**	2.5	**10:00**	0.2	**11:08**	0.4	5:56	8:23	
17	Fri	**4:37**	1.9	**5:17**	2.6	**10:59**	0.2			5:57	8:23	
18	Sat	**5:45**	2.0	**6:21**	2.8	**12:12**	0.3	**12:01**	0.1	5:57	8:22	
19	Sun	**6:50**	2.1	**7:23**	2.9	**1:13**	0.2	**1:03**	0.0	5:58	8:22	
20	Mon	**7:51**	2.2	**8:22**	3.0	**2:12**	0.0	**2:04**	-0.1	5:59	8:21	
21	Tue	**8:50**	2.4	**9:19**	3.1	**3:08**	-0.1	**3:04**	-0.2	6:00	8:20	
22	Wed	**9:46**	2.5	**10:12**	3.1	**4:00**	-0.2	**4:02**	-0.3	6:01	8:20	
23	Thu	**10:39**	2.7	**11:02**	3.0	**4:48**	-0.3	**4:56**	-0.3	6:01	8:19	
24	Fri	**11:31**	2.8	**11:52**	2.9	**5:35**	-0.3	**5:51**	-0.2	6:02	8:18	
25	Sat			**12:23**	2.8	**6:22**	-0.2	**6:49**	-0.1	6:03	8:17	
26	Sun	**12:42**	2.6	**1:16**	2.8	**7:11**	-0.1	**7:49**	0.1	6:04	8:17	
27	Mon	**1:31**	2.4	**2:08**	2.7	**8:01**	0.0	**8:51**	0.3	6:04	8:16	
28	Tue	**2:19**	2.2	**3:01**	2.7	**8:52**	0.2	**9:53**	0.4	6:05	8:15	
29	Wed	**3:11**	2.0	**3:59**	2.6	**9:44**	0.3	**10:56**	0.5	6:06	8:14	
30	Thu	**4:11**	1.9	**5:04**	2.5	**10:39**	0.4	**11:56**	0.6	6:07	8:13	
31	Fri	**5:23**	1.8	**6:05**	2.5	**11:36**	0.5			6:08	8:12	