































Cape Charles Harbor, VA - Aug 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	6:27	1.8	6:58	2.5	12:50	0.6	12:32	0.5	6:09	8:11	
2	Sun	7:19	1.9	7:44	2.5	1:40	0.5	1:23	0.5	6:09	8:10	
3	Mon	8:05	2.0	8:26	2.5	2:24	0.5	2:12	0.4	6:10	8:09	
4	Tue	8:47	2.1	9:05	2.6	3:05	0.4	2:58	0.4	6:11	8:08	
5	Wed	9:25	2.2	9:42	2.6	3:40	0.3	3:39	0.3	6:12	8:07	
6	Thu	10:01	2.3	10:16	2.6	4:12	0.3	4:16	0.3	6:13	8:06	
7	Fri	10:37	2.4	10:50	2.5	4:41	0.2	4:52	0.3	6:14	8:05	
8	Sat	11:12	2.5	11:25	2.5	5:11	0.2	5:29	0.4	6:14	8:04	
9	Sun	11:49	2.5			5:43	0.2	6:08	0.4	6:15	8:03	
10	Mon	12:01	2.4	12:28	2.6	6:18	0.2	6:52	0.5	6:16	8:02	
11	Tue	12:41	2.3	1:10	2.6	6:58	0.3	7:42	0.5	6:17	8:01	
12	Wed	1:24	2.2	1:56	2.6	7:44	0.3	8:38	0.6	6:18	7:59	
13	Thu	2:12	2.1	2:47	2.7	8:35	0.3	9:39	0.6	6:19	7:58	
14	Fri	3:07	2.1	3:46	2.7	9:33	0.4	10:46	0.6	6:19	7:57	
15	Sat	4:13	2.0	4:56	2.7	10:37	0.3	11:54	0.5	6:20	7:56	
16	Sun	5:27	2.1	6:06	2.9	11:45	0.3			6:21	7:54	
17	Mon	6:35	2.3	7:09	3.0	12:56	0.3	12:51	0.1	6:22	7:53	
18	Tue	7:37	2.5	8:08	3.1	1:54	0.2	1:53	0.0	6:23	7:52	
19	Wed	8:35	2.7	9:02	3.1	2:48	0.1	2:53	-0.1	6:24	7:51	
20	Thu	9:28	2.9	9:53	3.1	3:37	-0.1	3:50	-0.2	6:24	7:49	
21	Fri	10:19	3.0	10:40	3.0	4:23	-0.1	4:42	-0.1	6:25	7:48	
22	Sat	11:07	3.1	11:26	2.8	5:06	-0.1	5:34	0.0	6:26	7:47	
23	Sun	11:56	3.1			5:49	0.0	6:26	0.1	6:27	7:45	
24	Mon	12:12	2.6	12:45	3.0	6:34	0.1	7:22	0.3	6:28	7:44	
25	Tue	12:59	2.4	1:34	2.9	7:21	0.3	8:20	0.5	6:29	7:42	
26	Wed	1:46	2.3	2:23	2.8	8:12	0.4	9:20	0.7	6:29	7:41	
27	Thu	2:35	2.1	3:17	2.6	9:05	0.6	10:21	0.8	6:30	7:40	
28	Fri	3:31	2.0	4:21	2.5	10:03	0.7	11:23	0.8	6:31	7:38	
29	Sat	4:43	1.9	5:30	2.5	11:07	0.7			6:32	7:37	
30	Sun	5:56	2.0	6:28	2.5	12:18	0.8	12:07	0.7	6:33	7:35	
31	Mon	6:51	2.1	7:15	2.6	1:06	0.7	1:00	0.7	6:34	7:34	