

































## Cape Charles Harbor, VA - Mar 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	9:16	2.7	9:39	2.8	3:17	-0.7	3:41	-0.6	6:34	5:57	
2	Tue	10:02	2.6	10:27	2.8	4:07	-0.7	4:24	-0.6	6:33	5:58	
3	Wed	10:47	2.4	11:15	2.7	4:57	-0.5	5:09	-0.5	6:32	5:59	
4	Thu	11:34	2.2			5:49	-0.3	5:56	-0.3	6:30	6:00	
5	Fri	12:05	2.6	12:21	2.0	6:45	-0.1	6:47	-0.1	6:29	6:01	
6	Sat	12:56	2.4	1:09	1.8	7:44	0.1	7:42	0.0	6:27	6:02	
7	Sun	1:50	2.2	2:03	1.7	8:45	0.3	8:43	0.2	6:26	6:03	
8	Mon	2:55	2.1	3:10	1.6	9:51	0.4	9:51	0.3	6:24	6:04	
9	Tue	4:14	2.0	4:33	1.6	10:55	0.4	10:57	0.3	6:23	6:05	
10	Wed	5:21	2.0	5:37	1.7	11:49	0.4	11:54	0.2	6:22	6:06	
11	Thu	6:12	2.1	6:25	1.9			12:35	0.3	6:20	6:07	
12	Fri	6:55	2.1	7:06	2.0	12:44	0.2	1:16	0.2	6:19	6:08	
13	Sat	7:32	2.2	7:43	2.1	1:30	0.1	1:52	0.1	6:17	6:09	
14	Sun	9:07	2.2	9:19	2.3	3:11	0.0	3:24	0.1	7:16	7:10	
15	Mon	9:40	2.2	9:52	2.4	3:47	0.0	3:55	0.0	7:14	7:11	
16	Tue	10:13	2.2	10:26	2.4	4:21	-0.1	4:25	-0.1	7:13	7:12	
17	Wed	10:46	2.2	11:01	2.5	4:54	-0.1	4:56	-0.1	7:11	7:13	
18	Thu	11:21	2.1	11:38	2.5	5:29	0.0	5:30	-0.1	7:10	7:13	
19	Fri	11:58	2.1			6:07	0.1	6:08	0.0	7:08	7:14	
20	Sat	12:18	2.5	12:40	2.0	6:51	0.1	6:52	0.0	7:07	7:15	
21	Sun	1:03	2.4	1:26	2.0	7:42	0.2	7:44	0.1	7:05	7:16	
22	Mon	1:54	2.4	2:18	1.9	8:39	0.3	8:43	0.1	7:04	7:17	
23	Tue	2:51	2.3	3:18	1.9	9:43	0.3	9:49	0.1	7:02	7:18	
24	Wed	3:58	2.3	4:30	2.0	10:52	0.3	11:01	0.1	7:01	7:19	
25	Thu	5:13	2.4	5:45	2.1	11:58	0.2			6:59	7:20	
26	Fri	6:23	2.5	6:49	2.3	12:11	0.0	12:57	0.0	6:58	7:21	
27	Sat	7:22	2.6	7:46	2.6	1:15	-0.2	1:51	-0.1	6:56	7:22	
28	Sun	8:17	2.6	8:40	2.8	2:15	-0.3	2:41	-0.3	6:55	7:22	
29	Mon	9:07	2.7	9:30	2.9	3:11	-0.4	3:29	-0.3	6:53	7:23	
30	Tue	9:55	2.6	10:17	3.0	4:03	-0.5	4:14	-0.4	6:52	7:24	
31	Wed	10:40	2.5	11:03	3.0	4:51	-0.4	4:57	-0.3	6:50	7:25	