

Cape Charles Harbor, VA - Jul 2016

| Date | | High | | | | Low | | | | ☀ | | ☾ |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|------|------|------|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Fri | 6:45 | 2.2 | 7:17 | 2.9 | 1:04 | 0.0 | 1:02 | -0.2 | 5:47 | 8:28 | ☾ |
| 2 | Sat | 7:45 | 2.3 | 8:14 | 3.0 | 2:03 | -0.1 | 1:58 | -0.2 | 5:48 | 8:28 | ☾ |
| 3 | Sun | 8:42 | 2.4 | 9:08 | 3.0 | 2:59 | -0.2 | 2:55 | -0.2 | 5:48 | 8:28 | ☾ |
| 4 | Mon | 9:36 | 2.4 | 9:59 | 3.0 | 3:51 | -0.2 | 3:48 | -0.2 | 5:49 | 8:28 | ● |
| 5 | Tue | 10:26 | 2.4 | 10:46 | 2.9 | 4:39 | -0.2 | 4:38 | -0.2 | 5:49 | 8:27 | ● |
| 6 | Wed | 11:14 | 2.4 | 11:31 | 2.8 | 5:25 | -0.2 | 5:27 | -0.1 | 5:50 | 8:27 | ● |
| 7 | Thu | | | 12:02 | 2.4 | 6:10 | -0.1 | 6:16 | 0.1 | 5:50 | 8:27 | ● |
| 8 | Fri | 12:16 | 2.6 | 12:49 | 2.4 | 6:56 | 0.0 | 7:09 | 0.2 | 5:51 | 8:27 | ☾ |
| 9 | Sat | 1:00 | 2.4 | 1:34 | 2.3 | 7:41 | 0.1 | 8:03 | 0.3 | 5:52 | 8:26 | ☾ |
| 10 | Sun | 1:44 | 2.3 | 2:19 | 2.3 | 8:26 | 0.2 | 8:57 | 0.4 | 5:52 | 8:26 | ☾ |
| 11 | Mon | 2:27 | 2.1 | 3:06 | 2.3 | 9:10 | 0.3 | 9:52 | 0.5 | 5:53 | 8:26 | ☾ |
| 12 | Tue | 3:13 | 2.0 | 3:56 | 2.3 | 9:54 | 0.4 | 10:48 | 0.5 | 5:54 | 8:25 | ☾ |
| 13 | Wed | 4:06 | 1.9 | 4:52 | 2.3 | 10:42 | 0.4 | 11:43 | 0.5 | 5:54 | 8:25 | ☾ |
| 14 | Thu | 5:06 | 1.8 | 5:48 | 2.4 | 11:31 | 0.4 | | | 5:55 | 8:24 | ☾ |
| 15 | Fri | 6:05 | 1.9 | 6:38 | 2.4 | 12:34 | 0.5 | 12:19 | 0.4 | 5:56 | 8:24 | ☾ |
| 16 | Sat | 6:57 | 1.9 | 7:25 | 2.5 | 1:21 | 0.4 | 1:07 | 0.3 | 5:56 | 8:23 | ☾ |
| 17 | Sun | 7:45 | 2.0 | 8:10 | 2.6 | 2:06 | 0.3 | 1:55 | 0.3 | 5:57 | 8:23 | ☾ |
| 18 | Mon | 8:32 | 2.1 | 8:54 | 2.7 | 2:50 | 0.2 | 2:42 | 0.2 | 5:58 | 8:22 | ☾ |
| 19 | Tue | 9:17 | 2.2 | 9:38 | 2.7 | 3:31 | 0.1 | 3:28 | 0.1 | 5:58 | 8:21 | ☾ |
| 20 | Wed | 10:00 | 2.3 | 10:20 | 2.8 | 4:11 | 0.0 | 4:13 | 0.0 | 5:59 | 8:21 | ☾ |
| 21 | Thu | 10:44 | 2.4 | 11:03 | 2.8 | 4:50 | 0.0 | 4:57 | 0.0 | 6:00 | 8:20 | ☾ |
| 22 | Fri | 11:29 | 2.5 | 11:48 | 2.7 | 5:31 | -0.1 | 5:44 | 0.0 | 6:01 | 8:19 | ☾ |
| 23 | Sat | | | 12:16 | 2.6 | 6:15 | -0.1 | 6:35 | 0.1 | 6:02 | 8:19 | ☾ |
| 24 | Sun | 12:35 | 2.7 | 1:05 | 2.6 | 7:03 | -0.1 | 7:32 | 0.1 | 6:02 | 8:18 | ☾ |
| 25 | Mon | 1:25 | 2.6 | 1:57 | 2.7 | 7:55 | 0.0 | 8:33 | 0.2 | 6:03 | 8:17 | ☾ |
| 26 | Tue | 2:17 | 2.4 | 2:52 | 2.7 | 8:49 | 0.0 | 9:37 | 0.2 | 6:04 | 8:16 | ☾ |
| 27 | Wed | 3:13 | 2.3 | 3:52 | 2.7 | 9:45 | 0.0 | 10:44 | 0.2 | 6:05 | 8:15 | ☾ |
| 28 | Thu | 4:17 | 2.2 | 5:00 | 2.7 | 10:46 | 0.1 | 11:51 | 0.2 | 6:06 | 8:15 | ☾ |
| 29 | Fri | 5:28 | 2.2 | 6:07 | 2.8 | 11:48 | 0.1 | | | 6:06 | 8:14 | ☾ |
| 30 | Sat | 6:34 | 2.2 | 7:08 | 2.9 | 12:53 | 0.2 | 12:48 | 0.0 | 6:07 | 8:13 | ☾ |
| 31 | Sun | 7:35 | 2.3 | 8:04 | 2.9 | 1:50 | 0.1 | 1:46 | 0.0 | 6:08 | 8:12 | ☾ |