

































## Cape Charles Harbor, VA - Jan 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	6:11	2.6	6:29	1.9			12:52	-0.3	7:18	4:57	
2	Wed	7:09	2.7	7:29	2.0	12:48	-0.5	1:50	-0.4	7:18	4:58	
3	Thu	8:04	2.7	8:23	2.1	1:46	-0.6	2:42	-0.5	7:18	4:59	
4	Fri	8:54	2.7	9:14	2.1	2:40	-0.7	3:30	-0.5	7:18	4:59	
5	Sat	9:41	2.7	10:01	2.1	3:31	-0.6	4:14	-0.5	7:18	5:00	
6	Sun	10:25	2.5	10:47	2.1	4:19	-0.6	4:57	-0.5	7:18	5:01	
7	Mon	11:09	2.4	11:33	2.1	5:07	-0.4	5:41	-0.4	7:18	5:02	
8	Tue	11:51	2.2			5:58	-0.2	6:24	-0.3	7:18	5:03	
9	Wed	12:19	2.0	12:33	1.9	6:51	-0.1	7:08	-0.2	7:18	5:04	
10	Thu	1:04	2.0	1:15	1.8	7:46	0.1	7:52	-0.1	7:17	5:05	
11	Fri	1:51	1.9	2:00	1.6	8:43	0.2	8:38	0.0	7:17	5:06	
12	Sat	2:43	1.8	2:53	1.4	9:44	0.3	9:28	0.0	7:17	5:07	
13	Sun	3:45	1.8	3:58	1.4	10:46	0.3	10:22	0.1	7:17	5:08	
14	Mon	4:50	1.9	5:03	1.4	11:41	0.2	11:15	0.0	7:17	5:09	
15	Tue	5:44	2.0	5:58	1.5			12:31	0.2	7:16	5:10	
16	Wed	6:32	2.1	6:47	1.6	12:06	-0.1	1:17	0.1	7:16	5:11	
17	Thu	7:17	2.1	7:33	1.7	12:55	-0.2	1:58	-0.1	7:16	5:12	
18	Fri	7:58	2.2	8:16	1.8	1:42	-0.3	2:36	-0.2	7:15	5:13	
19	Sat	8:37	2.3	8:56	1.9	2:26	-0.4	3:11	-0.3	7:15	5:14	
20	Sun	9:15	2.3	9:36	2.0	3:07	-0.4	3:46	-0.4	7:14	5:15	
21	Mon	9:53	2.3	10:17	2.1	3:49	-0.5	4:22	-0.5	7:14	5:16	
22	Tue	10:33	2.3	11:01	2.2	4:31	-0.4	5:01	-0.5	7:13	5:17	
23	Wed	11:16	2.2	11:47	2.2	5:18	-0.4	5:44	-0.5	7:13	5:18	
24	Thu			12:02	2.1	6:10	-0.3	6:32	-0.4	7:12	5:19	
25	Fri	12:37	2.2	12:50	2.0	7:08	-0.2	7:24	-0.4	7:11	5:20	
26	Sat	1:31	2.2	1:44	1.8	8:10	-0.1	8:20	-0.3	7:11	5:22	
27	Sun	2:31	2.2	2:45	1.7	9:19	-0.1	9:24	-0.3	7:10	5:23	
28	Mon	3:42	2.2	4:00	1.6	10:31	-0.1	10:31	-0.3	7:09	5:24	
29	Tue	4:58	2.3	5:16	1.7	11:39	-0.1	11:37	-0.4	7:09	5:25	
30	Wed	6:04	2.4	6:22	1.8			12:40	-0.2	7:08	5:26	
31	Thu	7:02	2.5	7:20	1.9	12:39	-0.5	1:36	-0.3	7:07	5:27	