

































Cape Charles Harbor, VA - Mar 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	5:34	2.4	5:55	1.9			12:11	0.0	6:33	5:58	
2	Fri	6:36	2.5	6:55	2.0	12:13	-0.2	1:08	-0.1	6:32	5:59	
3	Sat	7:30	2.6	7:48	2.2	1:13	-0.3	1:59	-0.2	6:31	6:00	
4	Sun	8:18	2.6	8:35	2.3	2:08	-0.4	2:45	-0.3	6:29	6:01	
5	Mon	9:01	2.6	9:16	2.4	2:57	-0.4	3:25	-0.3	6:28	6:02	
6	Tue	9:40	2.5	9:55	2.4	3:41	-0.4	4:02	-0.3	6:26	6:03	
7	Wed	10:17	2.4	10:33	2.4	4:22	-0.3	4:37	-0.2	6:25	6:04	
8	Thu	10:53	2.3	11:11	2.3	5:03	-0.2	5:12	-0.1	6:24	6:05	
9	Fri	11:31	2.1	11:51	2.3	5:45	0.0	5:48	0.0	6:22	6:06	
10	Sat			12:10	2.0	6:29	0.2	6:27	0.1	6:21	6:07	
11	Sun	12:31	2.2	1:51	1.8	8:16	0.3	8:09	0.2	7:19	7:08	
12	Mon	2:15	2.1	2:35	1.7	9:08	0.4	8:58	0.3	7:18	7:08	
13	Tue	3:04	2.0	3:28	1.6	10:06	0.5	9:53	0.4	7:16	7:09	
14	Wed	4:04	2.0	4:33	1.6	11:10	0.5	10:56	0.4	7:15	7:10	
15	Thu	5:14	2.0	5:43	1.7			12:09	0.5	7:13	7:11	
16	Fri	6:19	2.1	6:42	1.8			1:01	0.4	7:12	7:12	
17	Sat	7:12	2.2	7:32	2.0	12:56	0.2	1:47	0.3	7:10	7:13	
18	Sun	7:59	2.3	8:18	2.2	1:48	0.1	2:30	0.1	7:09	7:14	
19	Mon	8:43	2.5	9:02	2.4	2:37	-0.1	3:11	-0.1	7:07	7:15	
20	Tue	9:26	2.6	9:45	2.6	3:24	-0.2	3:50	-0.2	7:06	7:16	
21	Wed	10:08	2.6	10:28	2.7	4:09	-0.3	4:30	-0.3	7:04	7:17	
22	Thu	10:50	2.6	11:13	2.8	4:54	-0.4	5:10	-0.3	7:03	7:18	
23	Fri	11:34	2.5	11:59	2.8	5:40	-0.3	5:53	-0.3	7:01	7:19	
24	Sat			12:21	2.4	6:30	-0.2	6:40	-0.2	7:00	7:19	
25	Sun	12:50	2.8	1:11	2.3	7:27	-0.1	7:33	-0.1	6:58	7:20	
26	Mon	1:44	2.7	2:05	2.1	8:28	0.0	8:33	0.0	6:57	7:21	
27	Tue	2:42	2.6	3:05	2.0	9:34	0.2	9:39	0.1	6:55	7:22	
28	Wed	3:50	2.5	4:18	1.9	10:44	0.2	10:51	0.1	6:54	7:23	
29	Thu	5:11	2.4	5:40	2.0	11:53	0.2			6:52	7:24	
30	Fri	6:24	2.4	6:48	2.1	12:03	0.1	12:53	0.2	6:51	7:25	
31	Sat	7:23	2.5	7:43	2.3	1:06	0.0	1:46	0.1	6:49	7:26	