

Cape Charles Harbor, VA - Jan 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	3:30	1.9	3:46	1.5	10:21	0.3	10:08	0.0	7:17	4:57	
2	Fri	4:31	2.0	4:49	1.5	11:21	0.2	11:03	-0.1	7:17	4:58	
3	Sat	5:27	2.2	5:47	1.5			12:16	0.1	7:18	4:59	
4	Sun	6:21	2.3	6:42	1.6			1:10	-0.1	7:18	5:00	
5	Mon	7:14	2.5	7:36	1.8	12:51	-0.3	2:01	-0.2	7:18	5:00	
6	Tue	8:05	2.6	8:27	1.9	1:45	-0.5	2:50	-0.4	7:18	5:01	
7	Wed	8:55	2.7	9:17	2.0	2:38	-0.6	3:36	-0.5	7:18	5:02	
8	Thu	9:44	2.7	10:07	2.1	3:29	-0.7	4:22	-0.5	7:18	5:03	
9	Fri	10:33	2.7	10:59	2.2	4:20	-0.7	5:09	-0.5	7:17	5:04	
10	Sat	11:22	2.5	11:52	2.2	5:14	-0.6	5:58	-0.5	7:17	5:05	
11	Sun			12:12	2.3	6:13	-0.5	6:50	-0.5	7:17	5:06	
12	Mon	12:46	2.2	1:03	2.1	7:16	-0.3	7:42	-0.4	7:17	5:07	
13	Tue	1:43	2.2	1:56	1.9	8:21	-0.2	8:35	-0.3	7:17	5:08	
14	Wed	2:44	2.2	2:55	1.6	9:30	0.0	9:32	-0.3	7:16	5:09	
15	Thu	3:55	2.2	4:07	1.5	10:40	0.0	10:32	-0.2	7:16	5:10	
16	Fri	5:04	2.2	5:19	1.5	11:45	0.0	11:30	-0.2	7:16	5:11	
17	Sat	6:04	2.2	6:19	1.5			12:43	0.0	7:15	5:12	
18	Sun	6:57	2.2	7:12	1.5	12:26	-0.2	1:36	-0.1	7:15	5:13	
19	Mon	7:44	2.3	7:58	1.6	1:19	-0.2	2:22	-0.1	7:14	5:14	
20	Tue	8:25	2.3	8:39	1.7	2:08	-0.2	3:02	-0.2	7:14	5:15	
21	Wed	9:02	2.2	9:15	1.8	2:51	-0.3	3:36	-0.2	7:13	5:16	
22	Thu	9:36	2.2	9:50	1.8	3:29	-0.3	4:08	-0.2	7:13	5:17	
23	Fri	10:09	2.2	10:25	1.8	4:04	-0.2	4:38	-0.2	7:12	5:18	
24	Sat	10:43	2.1	11:02	1.8	4:39	-0.2	5:08	-0.2	7:12	5:20	
25	Sun	11:17	2.0	11:39	1.9	5:17	-0.1	5:40	-0.1	7:11	5:21	
26	Mon	11:53	1.8			5:58	0.0	6:15	-0.1	7:10	5:22	
27	Tue	12:18	1.9	12:31	1.7	6:43	0.1	6:53	-0.1	7:10	5:23	
28	Wed	1:00	1.9	1:12	1.6	7:33	0.2	7:37	0.0	7:09	5:24	
29	Thu	1:45	1.9	1:58	1.5	8:28	0.2	8:26	0.0	7:08	5:25	
30	Fri	2:39	1.9	2:56	1.4	9:32	0.3	9:23	0.0	7:07	5:26	
31	Sat	3:43	2.0	4:06	1.4	10:40	0.2	10:27	-0.1	7:07	5:27	