

Cape Charles Harbor, VA - Mar 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:07	2.1	3:34	1.6	10:06	0.3	10:00	0.1	6:34	5:58	
2	Mon	4:23	2.2	4:50	1.7	11:15	0.2	11:10	-0.1	6:32	5:59	
3	Tue	5:33	2.3	5:57	1.9			12:16	0.1	6:31	6:00	
4	Wed	6:34	2.5	6:55	2.1	12:14	-0.2	1:12	-0.1	6:29	6:01	
5	Thu	7:29	2.7	7:50	2.4	1:15	-0.4	2:02	-0.3	6:28	6:02	
6	Fri	8:20	2.8	8:40	2.6	2:12	-0.6	2:49	-0.5	6:27	6:03	
7	Sat	9:08	2.7	9:29	2.8	3:06	-0.7	3:33	-0.6	6:25	6:04	
8	Sun	10:54	2.7	11:17	2.8	4:56	-0.7	5:16	-0.6	7:24	7:04	
9	Mon	11:39	2.5			5:47	-0.5	6:00	-0.5	7:22	7:05	
10	Tue	12:06	2.8	12:26	2.3	6:40	-0.4	6:46	-0.3	7:21	7:06	
11	Wed	12:57	2.7	1:14	2.1	7:37	-0.1	7:37	-0.2	7:19	7:07	
12	Thu	1:49	2.5	2:04	1.9	8:37	0.1	8:33	0.0	7:18	7:08	
13	Fri	2:45	2.3	2:59	1.7	9:41	0.3	9:35	0.2	7:16	7:09	
14	Sat	3:51	2.2	4:09	1.6	10:50	0.4	10:45	0.3	7:15	7:10	
15	Sun	5:13	2.1	5:37	1.6	11:56	0.5	11:55	0.3	7:14	7:11	
16	Mon	6:24	2.1	6:42	1.7			12:53	0.4	7:12	7:12	
17	Tue	7:17	2.1	7:31	1.9	12:55	0.3	1:41	0.4	7:11	7:13	
18	Wed	8:00	2.2	8:12	2.0	1:48	0.2	2:22	0.3	7:09	7:14	
19	Thu	8:38	2.2	8:49	2.2	2:34	0.1	2:58	0.2	7:08	7:15	
20	Fri	9:12	2.3	9:23	2.3	3:15	0.1	3:30	0.1	7:06	7:16	
21	Sat	9:44	2.3	9:55	2.4	3:51	0.0	3:59	0.1	7:05	7:17	
22	Sun	10:15	2.2	10:27	2.4	4:25	0.0	4:27	0.0	7:03	7:17	
23	Mon	10:47	2.2	11:00	2.5	4:57	0.0	4:56	0.0	7:02	7:18	
24	Tue	11:20	2.1	11:35	2.5	5:30	0.1	5:27	0.1	7:00	7:19	
25	Wed	11:55	2.0			6:05	0.2	6:02	0.1	6:59	7:20	
26	Thu	12:13	2.4	12:34	2.0	6:46	0.2	6:43	0.2	6:57	7:21	
27	Fri	12:55	2.4	1:18	1.9	7:34	0.3	7:31	0.2	6:56	7:22	
28	Sat	1:43	2.4	2:07	1.8	8:29	0.4	8:28	0.3	6:54	7:23	
29	Sun	2:38	2.3	3:05	1.8	9:32	0.4	9:32	0.3	6:53	7:24	
30	Mon	3:43	2.3	4:15	1.9	10:41	0.4	10:44	0.2	6:51	7:25	
31	Tue	4:58	2.3	5:31	2.0	11:48	0.3	11:55	0.1	6:50	7:25	