US HARBORS www.USHarbors.com

Claremont, VA - Aug 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	5:13	2.1	5:51	2.3			12:05	0.0	6:12	8:15	
2	Mon	6:07	2.0	6:47	2.3	12:53	0.3	1:00	0.1	6:13	8:14	
3	Tue	7:03	1.9	7:48	2.2	1:57	0.4	1:59	0.1	6:14	8:13	
4	Wed	8:08	1.8	8:57	2.2	3:03	0.4	3:03	0.2	6:15	8:12	
5	Thu	9:21	1.8	10:06	2.2	4:09	0.4	4:08	0.2	6:16	8:11	
6	Fri	10:30	1.8	11:07	2.3	5:10	0.3	5:10	0.2	6:16	8:10	
7	Sat	11:30	1.9			6:07	0.3	6:10	0.2	6:17	8:09	
8	Sun	12:01	2.3	12:25	2.0	7:00	0.2	7:06	0.2	6:18	8:08	
9	Mon	12:51	2.3	1:16	2.1	7:47	0.1	7:58	0.2	6:19	8:06	
10	Tue	1:36	2.3	2:01	2.1	8:30	0.1	8:44	0.2	6:20	8:05	
11	Wed	2:17	2.2	2:42	2.1	9:08	0.1	9:26	0.3	6:21	8:04	
12	Thu	2:56	2.2	3:22	2.1	9:44	0.2	10:08	0.4	6:21	8:03	
13	Fri	3:34	2.1	4:01	2.1	10:19	0.3	10:50	0.5	6:22	8:02	
14	Sat	4:13	2.0	4:40	2.1	10:54	0.4	11:34	0.7	6:23	8:01	
15	Sun	4:54	1.9	5:20	2.0	11:31	0.5			6:24	7:59	
16	Mon	5:36	1.8	6:01	2.0	12:21	0.8	12:12	0.6	6:25	7:58	
17	Tue	6:20	1.7	6:45	2.0	1:10	0.9	12:56	0.7	6:26	7:57	
18	Wed	7:08	1.7	7:34	1.9	2:03	1.0	1:45	0.8	6:26	7:56	
19	Thu	8:04	1.6	8:33	2.0	3:00	1.0	2:41	0.8	6:27	7:54	
20	Fri	9:07	1.6	9:34	2.0	3:57	0.9	3:40	0.8	6:28	7:53	
21	Sat	10:08	1.7	10:30	2.1	4:49	0.8	4:38	0.7	6:29	7:52	
22	Sun	11:01	1.8	11:20	2.2	5:38	0.7	5:33	0.5	6:30	7:50	
23	Mon	11:50	2.0			6:24	0.5	6:26	0.4	6:31	7:49	
24	Tue	12:08	2.3	12:37	2.1	7:09	0.3	7:18	0.2	6:31	7:48	
25	Wed	12:55	2.4	1:24	2.3	7:53	0.1	8:09	0.1	6:32	7:46	
26	Thu	1:41	2.4	2:10	2.4	8:35	0.0	8:58	0.0	6:33	7:45	
27	Fri	2:27	2.4	2:57	2.5	9:18	-0.1	9:47	0.1	6:34	7:43	
28	Sat	3:14	2.4	3:46	2.5	10:02	0.0	10:39	0.2	6:35	7:42	
29	Sun	4:03	2.3	4:38	2.5	10:49	0.0	11:37	0.3	6:36	7:40	
30	Mon	4:56	2.2	5:33	2.5	11:43	0.2			6:36	7:39	
31	Tue	5:52	2.1	6:31	2.4	12:39	0.5	12:42	0.3	6:37	7:38	