

Colonial Beach, VA - Mar 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	2:50	1.6	3:07	1.6	9:13	-0.2	9:23	-0.2	6:39	6:01	
2	Tue	3:26	1.6	3:44	1.5	9:50	-0.1	9:54	-0.1	6:37	6:02	
3	Wed	4:00	1.6	4:20	1.5	10:25	-0.1	10:26	-0.1	6:36	6:03	
4	Thu	4:33	1.6	4:56	1.5	11:00	0.0	10:59	-0.1	6:34	6:04	
5	Fri	5:06	1.6	5:32	1.4	11:35	0.0	11:34	0.0	6:33	6:05	
6	Sat	5:41	1.6	6:10	1.4			12:13	0.1	6:31	6:06	
7	Sun	6:19	1.6	6:51	1.3	12:14	0.0	12:56	0.1	6:30	6:07	
8	Mon	7:04	1.5	7:38	1.3	1:00	0.1	1:45	0.2	6:28	6:08	
9	Tue	7:56	1.5	8:34	1.3	1:53	0.1	2:41	0.2	6:27	6:09	
10	Wed	8:56	1.5	9:38	1.4	2:51	0.1	3:41	0.2	6:25	6:10	
11	Thu	10:02	1.5	10:42	1.5	3:55	0.1	4:42	0.2	6:24	6:11	
12	Fri	11:05	1.6	11:42	1.6	5:00	0.0	5:41	0.1	6:22	6:12	
13	Sat			12:04	1.7	6:03	0.0	6:35	0.0	6:21	6:13	
14	Sun	12:36	1.7	12:57	1.8	7:01	-0.1	7:26	-0.2	6:19	6:14	
15	Mon	1:27	1.9	1:49	1.8	7:56	-0.2	8:15	-0.2	6:18	6:15	
16	Tue	2:17	2.0	2:39	1.8	8:48	-0.3	9:03	-0.3	6:16	6:16	
17	Wed	3:06	2.1	3:31	1.8	9:40	-0.3	9:51	-0.3	6:15	6:16	
18	Thu	3:56	2.1	4:23	1.8	10:32	-0.2	10:41	-0.2	6:13	6:17	
19	Fri	4:48	2.1	5:17	1.7	11:26	-0.2	11:34	-0.2	6:12	6:18	
20	Sat	5:41	2.0	6:13	1.7			12:24	-0.1	6:10	6:19	
21	Sun	6:38	1.9	7:13	1.6	12:32	-0.1	1:24	0.0	6:09	6:20	
22	Mon	7:39	1.8	8:17	1.6	1:34	0.0	2:26	0.1	6:07	6:21	
23	Tue	8:45	1.7	9:25	1.6	2:39	0.1	3:28	0.2	6:05	6:22	
24	Wed	9:53	1.7	10:30	1.6	3:44	0.1	4:28	0.2	6:04	6:23	
25	Thu	10:55	1.6	11:28	1.7	4:48	0.2	5:23	0.2	6:02	6:24	
26	Fri	11:50	1.7			5:48	0.1	6:14	0.2	6:01	6:25	
27	Sat	12:19	1.7	12:38	1.7	6:41	0.1	6:59	0.1	5:59	6:26	
28	Sun	1:04	1.8	1:21	1.7	7:29	0.1	7:39	0.1	5:58	6:27	
29	Mon	1:45	1.8	2:01	1.7	8:11	0.1	8:15	0.1	5:56	6:28	
30	Tue	2:22	1.9	2:39	1.7	8:50	0.1	8:48	0.1	5:55	6:29	
31	Wed	2:56	1.9	3:16	1.7	9:26	0.1	9:20	0.1	5:53	6:30	