

Colonial Beach, VA - Aug 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	7:05	2.1	7:45	2.2	1:17	0.4	1:39	0.3	6:10	8:17	
2	Mon	8:01	2.1	8:43	2.2	2:18	0.5	2:35	0.3	6:11	8:16	
3	Tue	9:02	2.0	9:48	2.2	3:23	0.5	3:35	0.3	6:12	8:15	
4	Wed	10:10	1.9	10:56	2.2	4:29	0.6	4:37	0.3	6:13	8:14	
5	Thu	11:20	1.9			5:37	0.6	5:42	0.3	6:13	8:13	
6	Fri	12:02	2.2	12:26	1.9	6:41	0.5	6:45	0.3	6:14	8:12	
7	Sat	1:02	2.3	1:25	2.0	7:40	0.5	7:44	0.3	6:15	8:11	
8	Sun	1:56	2.3	2:18	2.0	8:32	0.4	8:38	0.3	6:16	8:10	
9	Mon	2:45	2.3	3:07	2.1	9:19	0.4	9:27	0.3	6:17	8:08	
10	Tue	3:30	2.3	3:53	2.1	10:01	0.4	10:12	0.3	6:18	8:07	
11	Wed	4:13	2.3	4:36	2.1	10:40	0.4	10:55	0.4	6:19	8:06	
12	Thu	4:53	2.2	5:18	2.1	11:17	0.4	11:36	0.5	6:20	8:05	
13	Fri	5:32	2.2	5:57	2.1	11:52	0.4			6:21	8:04	
14	Sat	6:11	2.1	6:36	2.1	12:16	0.6	12:28	0.5	6:21	8:02	
15	Sun	6:50	2.0	7:16	2.0	12:57	0.7	1:06	0.5	6:22	8:01	
16	Mon	7:32	1.9	7:58	2.0	1:41	0.7	1:47	0.5	6:23	8:00	
17	Tue	8:16	1.9	8:45	2.0	2:28	0.8	2:32	0.6	6:24	7:58	
18	Wed	9:06	1.8	9:38	2.0	3:20	0.8	3:21	0.6	6:25	7:57	
19	Thu	10:03	1.8	10:38	2.0	4:17	0.8	4:15	0.6	6:26	7:56	
20	Fri	11:03	1.8	11:37	2.0	5:16	0.8	5:12	0.6	6:27	7:54	
21	Sat			12:01	1.9	6:13	0.8	6:09	0.5	6:28	7:53	
22	Sun	12:31	2.1	12:54	1.9	7:06	0.7	7:05	0.5	6:28	7:52	
23	Mon	1:20	2.2	1:43	2.0	7:54	0.6	7:58	0.4	6:29	7:50	
24	Tue	2:06	2.3	2:29	2.2	8:39	0.5	8:48	0.3	6:30	7:49	
25	Wed	2:50	2.3	3:15	2.3	9:22	0.4	9:37	0.3	6:31	7:47	
26	Thu	3:35	2.4	4:01	2.3	10:05	0.3	10:25	0.3	6:32	7:46	
27	Fri	4:20	2.4	4:49	2.4	10:49	0.2	11:15	0.3	6:33	7:45	
28	Sat	5:08	2.3	5:38	2.4	11:35	0.2			6:34	7:43	
29	Sun	5:58	2.3	6:30	2.4	12:07	0.4	12:25	0.3	6:35	7:42	
30	Mon	6:51	2.2	7:26	2.3	1:03	0.4	1:19	0.3	6:35	7:40	
31	Tue	7:48	2.1	8:26	2.3	2:05	0.5	2:18	0.4	6:36	7:39	