

Gargathy Neck, VA - Aug 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:19	3.4	1:53	3.6	7:36	-0.1	8:12	0.1	6:05	8:11	
2	Mon	2:11	3.2	2:51	3.6	8:29	-0.1	9:14	0.2	6:06	8:10	
3	Tue	3:09	2.9	3:54	3.5	9:25	0.0	10:19	0.3	6:07	8:09	
4	Wed	4:12	2.7	5:00	3.6	10:24	0.0	11:26	0.3	6:08	8:07	
5	Thu	5:18	2.7	6:05	3.6	11:25	0.0			6:09	8:06	
6	Fri	6:22	2.7	7:04	3.7	12:32	0.2	12:27	0.0	6:10	8:05	
7	Sat	7:20	2.8	7:57	3.7	1:32	0.1	1:25	-0.1	6:11	8:04	
8	Sun	8:12	2.9	8:45	3.8	2:24	0.1	2:19	-0.1	6:11	8:03	
9	Mon	9:01	3.0	9:30	3.7	3:10	0.0	3:08	-0.2	6:12	8:02	
10	Tue	9:47	3.1	10:13	3.7	3:52	0.0	3:53	-0.2	6:13	8:01	
11	Wed	10:31	3.2	10:54	3.5	4:30	0.0	4:37	-0.1	6:14	8:00	
12	Thu	11:13	3.2	11:34	3.4	5:08	0.0	5:20	0.0	6:15	7:58	
13	Fri	11:55	3.2			5:46	0.1	6:03	0.1	6:16	7:57	
14	Sat	12:14	3.2	12:37	3.2	6:24	0.2	6:47	0.3	6:17	7:56	
15	Sun	12:54	3.0	1:21	3.1	7:04	0.3	7:34	0.4	6:17	7:55	
16	Mon	1:36	2.8	2:07	3.1	7:46	0.4	8:24	0.6	6:18	7:53	
17	Tue	2:22	2.7	2:58	3.0	8:32	0.4	9:17	0.6	6:19	7:52	
18	Wed	3:12	2.5	3:54	3.1	9:21	0.5	10:12	0.7	6:20	7:51	
19	Thu	4:09	2.5	4:52	3.1	10:13	0.5	11:09	0.7	6:21	7:50	
20	Fri	5:07	2.5	5:48	3.3	11:08	0.4			6:22	7:48	
21	Sat	6:03	2.7	6:40	3.5	12:05	0.6	12:03	0.3	6:23	7:47	
22	Sun	6:56	2.9	7:29	3.7	12:58	0.5	12:57	0.2	6:24	7:45	
23	Mon	7:45	3.1	8:16	3.9	1:47	0.3	1:49	0.1	6:24	7:44	
24	Tue	8:34	3.4	9:02	4.0	2:33	0.1	2:40	-0.1	6:25	7:43	
25	Wed	9:21	3.6	9:48	4.1	3:17	0.0	3:29	-0.2	6:26	7:41	
26	Thu	10:10	3.8	10:34	4.0	4:01	-0.1	4:18	-0.2	6:27	7:40	
27	Fri	10:58	3.9	11:21	3.9	4:45	-0.2	5:09	-0.2	6:28	7:38	
28	Sat	11:48	4.0			5:31	-0.2	6:01	-0.1	6:29	7:37	
29	Sun	12:10	3.7	12:39	4.0	6:20	-0.2	6:57	0.0	6:29	7:36	
30	Mon	1:00	3.4	1:33	3.9	7:11	-0.1	7:57	0.1	6:30	7:34	
31	Tue	1:53	3.1	2:32	3.7	8:07	0.0	9:00	0.2	6:31	7:33	