

Gargathy Neck, VA - Jul 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:19	2.4	5:03	2.9	10:29	0.3	11:28	0.5	5:43	8:28	
2	Mon	5:14	2.3	5:56	3.1	11:15	0.3			5:44	8:28	
3	Tue	6:06	2.3	6:44	3.2	12:25	0.5	12:03	0.3	5:44	8:27	
4	Wed	6:56	2.3	7:30	3.3	1:18	0.5	12:51	0.3	5:45	8:27	
5	Thu	7:42	2.4	8:15	3.4	2:04	0.4	1:38	0.2	5:45	8:27	
6	Fri	8:27	2.5	8:58	3.6	2:45	0.4	2:23	0.2	5:46	8:27	
7	Sat	9:11	2.6	9:40	3.6	3:24	0.3	3:06	0.1	5:47	8:27	
8	Sun	9:54	2.6	10:21	3.7	4:03	0.2	3:48	0.1	5:47	8:26	
9	Mon	10:37	2.7	11:02	3.7	4:41	0.2	4:30	0.1	5:48	8:26	
10	Tue	11:20	2.8	11:42	3.7	5:20	0.2	5:13	0.1	5:48	8:26	
11	Wed			12:03	2.9	5:59	0.1	6:00	0.1	5:49	8:25	
12	Thu	12:22	3.6	12:47	3.0	6:41	0.1	6:50	0.2	5:50	8:25	
13	Fri	1:05	3.4	1:35	3.2	7:24	0.1	7:44	0.2	5:50	8:25	
14	Sat	1:50	3.2	2:26	3.3	8:10	0.1	8:43	0.3	5:51	8:24	
15	Sun	2:41	2.9	3:24	3.4	8:59	0.1	9:46	0.3	5:52	8:24	
16	Mon	3:39	2.7	4:26	3.5	9:52	0.1	10:51	0.3	5:52	8:23	
17	Tue	4:42	2.6	5:29	3.7	10:49	0.0	11:58	0.2	5:53	8:23	
18	Wed	5:46	2.6	6:32	3.8	11:50	0.0			5:54	8:22	
19	Thu	6:49	2.6	7:31	4.0	1:04	0.2	12:51	-0.1	5:55	8:21	
20	Fri	7:48	2.7	8:27	4.1	2:04	0.0	1:51	-0.2	5:55	8:21	
21	Sat	8:44	2.8	9:21	4.1	2:59	-0.1	2:48	-0.3	5:56	8:20	
22	Sun	9:38	2.9	10:11	4.0	3:48	-0.1	3:41	-0.3	5:57	8:19	
23	Mon	10:29	3.0	10:59	3.9	4:35	-0.2	4:32	-0.3	5:58	8:19	
24	Tue	11:19	3.1	11:44	3.7	5:19	-0.1	5:22	-0.2	5:59	8:18	
25	Wed			12:06	3.1	6:02	-0.1	6:12	-0.1	5:59	8:17	
26	Thu	12:28	3.4	12:53	3.1	6:45	0.0	7:03	0.1	6:00	8:16	
27	Fri	1:10	3.1	1:39	3.1	7:27	0.1	7:56	0.3	6:01	8:15	
28	Sat	1:54	2.8	2:28	3.0	8:10	0.2	8:50	0.4	6:02	8:15	
29	Sun	2:41	2.5	3:20	3.0	8:54	0.3	9:46	0.6	6:03	8:14	
30	Mon	3:32	2.3	4:17	3.0	9:41	0.4	10:44	0.6	6:04	8:13	
31	Tue	4:29	2.2	5:15	3.0	10:31	0.4	11:43	0.6	6:04	8:12	