

Gargathy Neck, VA - Jul 2000

| Date | | High | | | | Low | | | | ☀ | | ☾ |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|------|------|------|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sat | 9:04 | 3.1 | 9:37 | 4.4 | 3:11 | -0.2 | 3:07 | -0.4 | 5:44 | 8:28 | ☾ |
| 2 | Sun | 9:59 | 3.1 | 10:31 | 4.4 | 4:04 | -0.3 | 4:00 | -0.5 | 5:44 | 8:28 | ● |
| 3 | Mon | 10:54 | 3.1 | 11:24 | 4.3 | 4:56 | -0.3 | 4:54 | -0.4 | 5:45 | 8:27 | ● |
| 4 | Tue | 11:48 | 3.1 | | | 5:49 | -0.3 | 5:49 | -0.3 | 5:45 | 8:27 | ● |
| 5 | Wed | 12:17 | 4.1 | 12:43 | 3.1 | 6:42 | -0.3 | 6:47 | -0.2 | 5:46 | 8:27 | ☾ |
| 6 | Thu | 1:09 | 3.8 | 1:39 | 3.0 | 7:36 | -0.2 | 7:47 | -0.1 | 5:46 | 8:27 | ☾ |
| 7 | Fri | 2:02 | 3.4 | 2:37 | 3.0 | 8:29 | -0.1 | 8:49 | 0.1 | 5:47 | 8:27 | ☾ |
| 8 | Sat | 2:57 | 3.1 | 3:37 | 3.0 | 9:22 | 0.0 | 9:52 | 0.2 | 5:48 | 8:26 | ☾ |
| 9 | Sun | 3:55 | 2.8 | 4:39 | 3.0 | 10:14 | 0.1 | 10:56 | 0.3 | 5:48 | 8:26 | ☾ |
| 10 | Mon | 4:53 | 2.6 | 5:38 | 3.1 | 11:04 | 0.1 | 11:59 | 0.3 | 5:49 | 8:26 | ☾ |
| 11 | Tue | 5:50 | 2.5 | 6:29 | 3.2 | 11:54 | 0.2 | | | 5:49 | 8:25 | ☾ |
| 12 | Wed | 6:41 | 2.4 | 7:15 | 3.3 | 12:58 | 0.3 | 12:42 | 0.2 | 5:50 | 8:25 | ☉ |
| 13 | Thu | 7:27 | 2.4 | 7:58 | 3.4 | 1:49 | 0.3 | 1:28 | 0.2 | 5:51 | 8:24 | ☉ |
| 14 | Fri | 8:11 | 2.5 | 8:40 | 3.5 | 2:32 | 0.3 | 2:11 | 0.1 | 5:52 | 8:24 | ☉ |
| 15 | Sat | 8:54 | 2.6 | 9:21 | 3.5 | 3:10 | 0.2 | 2:52 | 0.1 | 5:52 | 8:23 | ☉ |
| 16 | Sun | 9:36 | 2.6 | 10:02 | 3.6 | 3:47 | 0.2 | 3:33 | 0.1 | 5:53 | 8:23 | ☉ |
| 17 | Mon | 10:18 | 2.7 | 10:42 | 3.6 | 4:23 | 0.2 | 4:12 | 0.1 | 5:54 | 8:22 | ☉ |
| 18 | Tue | 10:59 | 2.8 | 11:22 | 3.6 | 5:00 | 0.2 | 4:52 | 0.1 | 5:54 | 8:22 | ☉ |
| 19 | Wed | 11:40 | 2.8 | | | 5:38 | 0.2 | 5:34 | 0.2 | 5:55 | 8:21 | ☉ |
| 20 | Thu | 12:01 | 3.5 | 12:21 | 2.8 | 6:17 | 0.2 | 6:17 | 0.3 | 5:56 | 8:20 | ☾ |
| 21 | Fri | 12:40 | 3.4 | 1:03 | 2.9 | 6:57 | 0.3 | 7:04 | 0.3 | 5:57 | 8:20 | ☾ |
| 22 | Sat | 1:21 | 3.3 | 1:49 | 3.0 | 7:40 | 0.3 | 7:55 | 0.4 | 5:57 | 8:19 | ☾ |
| 23 | Sun | 2:05 | 3.1 | 2:38 | 3.1 | 8:25 | 0.3 | 8:51 | 0.4 | 5:58 | 8:18 | ☾ |
| 24 | Mon | 2:55 | 3.0 | 3:34 | 3.2 | 9:13 | 0.2 | 9:51 | 0.4 | 5:59 | 8:17 | ☾ |
| 25 | Tue | 3:51 | 2.9 | 4:33 | 3.4 | 10:05 | 0.2 | 10:53 | 0.3 | 6:00 | 8:17 | ☾ |
| 26 | Wed | 4:52 | 2.8 | 5:34 | 3.6 | 11:00 | 0.1 | 11:56 | 0.2 | 6:01 | 8:16 | ☾ |
| 27 | Thu | 5:53 | 2.8 | 6:33 | 3.9 | 11:58 | 0.0 | | | 6:02 | 8:15 | ☾ |
| 28 | Fri | 6:53 | 2.9 | 7:31 | 4.1 | 12:59 | 0.1 | 12:57 | -0.1 | 6:02 | 8:14 | ☾ |
| 29 | Sat | 7:50 | 3.0 | 8:26 | 4.3 | 1:58 | 0.0 | 1:55 | -0.3 | 6:03 | 8:13 | ☾ |
| 30 | Sun | 8:46 | 3.1 | 9:21 | 4.3 | 2:54 | -0.2 | 2:51 | -0.4 | 6:04 | 8:12 | ☾ |
| 31 | Mon | 9:41 | 3.2 | 10:14 | 4.3 | 3:46 | -0.3 | 3:46 | -0.5 | 6:05 | 8:11 | ● |