US HARBORS www.USHarbors.com

Great Machipongo Inlet, VA - Aug 1745

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	**10:57**	4.6	**11:20**	4.9	**4:43**	-0.4	**5:00**	-0.3	5:10	7:14	
2	Mon	**11:50**	4.7			**5:32**	-0.3	**5:59**	-0.1	5:11	7:13	
3	Tue	**12:10**	4.4	**12:45**	4.7	**6:21**	-0.2	**7:02**	0.2	5:12	7:12	
4	Wed	**1:03**	3.9	**1:44**	4.6	**7:13**	0.0	**8:07**	0.5	5:13	7:11	
5	Thu	**2:01**	3.5	**2:48**	4.5	**8:07**	0.2	**9:15**	0.7	5:14	7:10	
6	Fri	**3:05**	3.2	**3:55**	4.5	**9:04**	0.3	**10:25**	0.7	5:14	7:09	
7	Sat	**4:11**	3.0	**4:58**	4.5	**10:04**	0.4	**11:32**	0.7	5:15	7:08	
8	Sun	**5:12**	3.1	**5:54**	4.6	**11:03**	0.4			5:16	7:07	
9	Mon	**6:06**	3.2	**6:44**	4.7	**12:29**	0.7	**11:59 AM**	0.3	5:17	7:06	
10	Tue	**6:53**	3.3	**7:27**	4.7	**1:14**	0.6	**12:49**	0.2	5:18	7:05	
11	Wed	**7:36**	3.5	**8:08**	4.7	**1:53**	0.5	**1:33**	0.1	5:19	7:03	
12	Thu	**8:18**	3.6	**8:46**	4.7	**2:27**	0.5	**2:14**	0.1	5:20	7:02	
13	Fri	**8:58**	3.8	**9:23**	4.6	**3:00**	0.4	**2:54**	0.2	5:20	7:01	
14	Sat	**9:37**	3.9	**10:00**	4.5	**3:32**	0.4	**3:33**	0.3	5:21	7:00	
15	Sun	**10:17**	4.0	**10:36**	4.3	**4:05**	0.5	**4:14**	0.5	5:22	6:59	
16	Mon	**10:56**	4.1	**11:13**	4.0	**4:39**	0.6	**4:56**	0.7	5:23	6:57	
17	Tue	**11:36**	4.1	**11:51**	3.8	**5:14**	0.7	**5:41**	0.9	5:24	6:56	
18	Wed			**12:18**	4.1	**5:51**	0.9	**6:30**	1.1	5:25	6:55	
19	Thu	**12:32**	3.5	**1:05**	4.1	**6:33**	1.0	**7:23**	1.3	5:26	6:53	
20	Fri	**1:19**	3.3	**2:00**	4.2	**7:20**	1.0	**8:21**	1.3	5:26	6:52	
21	Sat	**2:15**	3.2	**3:01**	4.3	**8:14**	1.0	**9:23**	1.3	5:27	6:51	
22	Sun	**3:19**	3.2	**4:04**	4.5	**9:13**	0.9	**10:26**	1.2	5:28	6:49	
23	Mon	**4:22**	3.3	**5:04**	4.9	**10:15**	0.6	**11:26**	0.9	5:29	6:48	
24	Tue	**5:21**	3.6	**5:59**	5.2	**11:16**	0.3			5:30	6:47	
25	Wed	**6:16**	3.9	**6:52**	5.4	**12:20**	0.5	**12:14**	-0.1	5:31	6:45	
26	Thu	**7:09**	4.3	**7:42**	5.6	**1:10**	0.1	**1:09**	-0.4	5:31	6:44	
27	Fri	**8:01**	4.6	**8:31**	5.6	**1:57**	-0.2	**2:03**	-0.6	5:32	6:42	
28	Sat	**8:52**	4.9	**9:20**	5.4	**2:42**	-0.4	**2:56**	-0.7	5:33	6:41	
29	Sun	**9:43**	5.2	**10:08**	5.1	**3:27**	-0.5	**3:49**	-0.6	5:34	6:40	
30	Mon	**10:34**	5.3	**10:56**	4.7	**4:12**	-0.5	**4:44**	-0.3	5:35	6:38	
31	Tue	**11:26**	5.2	**11:46**	4.2	**4:59**	-0.3	**5:42**	0.0	5:36	6:37	