

Great Machipongo Inlet, VA - Mar 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	6:38	4.1	6:45	3.3			12:52	0.5	6:33	5:56	
2	Sun	7:19	4.3	7:28	3.6	12:44	-0.1	1:28	0.3	6:32	5:57	
3	Mon	7:58	4.4	8:09	3.8	1:27	-0.3	2:04	0.1	6:31	5:58	
4	Tue	8:37	4.4	8:50	4.1	2:09	-0.4	2:39	-0.1	6:29	5:59	
5	Wed	9:15	4.4	9:31	4.3	2:52	-0.5	3:15	-0.2	6:28	6:00	
6	Thu	9:55	4.3	10:13	4.5	3:35	-0.5	3:53	-0.3	6:26	6:01	
7	Fri	10:36	4.0	10:57	4.6	4:21	-0.4	4:33	-0.2	6:25	6:02	
8	Sat	11:19	3.7	11:45	4.5	5:11	-0.2	5:17	-0.1	6:23	6:03	
9	Sun			12:06	3.4	6:06	0.0	6:07	0.0	6:22	6:04	
10	Mon	12:39	4.5	1:00	3.2	7:06	0.3	7:04	0.1	6:21	6:05	
11	Tue	1:41	4.3	2:04	2.9	8:12	0.4	8:08	0.1	6:19	6:06	
12	Wed	2:52	4.3	3:15	2.9	9:21	0.5	9:16	0.0	6:18	6:07	
13	Thu	4:05	4.3	4:26	3.0	10:30	0.4	10:25	-0.1	6:16	6:08	
14	Fri	5:12	4.4	5:30	3.3	11:34	0.2	11:31	-0.4	6:15	6:09	
15	Sat	6:10	4.5	6:26	3.7			12:28	-0.1	6:13	6:09	
16	Sun	7:01	4.6	7:17	4.0	12:30	-0.6	1:14	-0.3	6:12	6:10	
17	Mon	7:48	4.5	8:04	4.3	1:23	-0.8	1:56	-0.5	6:10	6:11	
18	Tue	8:32	4.4	8:48	4.4	2:12	-0.8	2:35	-0.6	6:09	6:12	
19	Wed	9:13	4.2	9:31	4.5	2:58	-0.8	3:13	-0.5	6:07	6:13	
20	Thu	9:54	3.9	10:12	4.5	3:43	-0.6	3:50	-0.3	6:06	6:14	
21	Fri	10:34	3.7	10:54	4.4	4:27	-0.3	4:28	-0.1	6:04	6:15	
22	Sat	11:14	3.4	11:37	4.2	5:12	0.0	5:09	0.2	6:03	6:16	
23	Sun	11:56	3.1			5:59	0.4	5:52	0.5	6:01	6:17	
24	Mon	12:23	3.9	12:42	2.9	6:49	0.7	6:40	0.7	6:00	6:18	
25	Tue	1:15	3.7	1:34	2.7	7:43	1.0	7:34	0.8	5:58	6:19	
26	Wed	2:15	3.6	2:35	2.7	8:41	1.2	8:33	0.9	5:57	6:19	
27	Thu	3:20	3.6	3:38	2.8	9:40	1.2	9:32	0.8	5:55	6:20	
28	Fri	4:21	3.7	4:37	3.0	10:35	1.1	10:31	0.6	5:54	6:21	
29	Sat	5:13	3.9	5:27	3.3	11:24	0.9	11:25	0.4	5:52	6:22	
30	Sun	5:59	4.1	6:13	3.7			12:06	0.6	5:51	6:23	
31	Mon	6:41	4.2	6:56	4.1	12:15	0.1	12:46	0.3	5:49	6:24	