

Great Machipongo Inlet, VA - Jul 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	10:24	3.9	10:56	5.6	4:25	-0.4	4:18	-0.8	5:45	8:27	
2	Wed	11:19	4.0	11:49	5.3	5:17	-0.4	5:14	-0.6	5:46	8:27	
3	Thu			12:13	4.0	6:09	-0.4	6:12	-0.4	5:46	8:27	
4	Fri	12:40	4.9	1:09	4.0	7:01	-0.2	7:12	0.0	5:47	8:27	
5	Sat	1:32	4.4	2:06	4.0	7:51	-0.1	8:15	0.3	5:47	8:27	
6	Sun	2:24	3.9	3:05	4.0	8:41	0.1	9:19	0.5	5:48	8:26	
7	Mon	3:20	3.5	4:06	4.1	9:31	0.2	10:23	0.7	5:48	8:26	
8	Tue	4:18	3.2	5:04	4.1	10:20	0.4	11:28	0.8	5:49	8:26	
9	Wed	5:15	3.0	5:57	4.2	11:09	0.5			5:49	8:26	
10	Thu	6:08	3.0	6:45	4.3	12:29	0.8	11:59 AM	0.5	5:50	8:25	
11	Fri	6:56	3.0	7:30	4.4	1:21	0.7	12:47	0.5	5:51	8:25	
12	Sat	7:41	3.1	8:13	4.5	2:05	0.7	1:33	0.4	5:51	8:24	
13	Sun	8:24	3.2	8:55	4.6	2:43	0.6	2:16	0.3	5:52	8:24	
14	Mon	9:07	3.3	9:36	4.7	3:19	0.6	2:57	0.2	5:53	8:24	
15	Tue	9:48	3.4	10:16	4.7	3:55	0.5	3:37	0.2	5:53	8:23	
16	Wed	10:30	3.5	10:54	4.7	4:30	0.5	4:17	0.3	5:54	8:23	
17	Thu	11:11	3.6	11:32	4.5	5:06	0.5	4:58	0.4	5:55	8:22	
18	Fri	11:51	3.7			5:43	0.5	5:41	0.5	5:56	8:21	
19	Sat	12:10	4.4	12:32	3.8	6:21	0.5	6:28	0.7	5:56	8:21	
20	Sun	12:48	4.2	1:16	3.9	7:00	0.6	7:19	0.8	5:57	8:20	
21	Mon	1:30	3.9	2:04	4.1	7:42	0.5	8:15	0.9	5:58	8:20	
22	Tue	2:18	3.7	2:59	4.3	8:28	0.5	9:15	0.9	5:59	8:19	
23	Wed	3:13	3.5	3:58	4.5	9:19	0.4	10:18	0.8	5:59	8:18	
24	Thu	4:15	3.4	5:01	4.8	10:15	0.3	11:24	0.7	6:00	8:17	
25	Fri	5:18	3.4	6:02	5.1	11:15	0.1			6:01	8:17	
26	Sat	6:20	3.5	7:02	5.3	12:28	0.4	12:17	-0.1	6:02	8:16	
27	Sun	7:19	3.6	7:59	5.6	1:29	0.2	1:17	-0.4	6:03	8:15	
28	Mon	8:16	3.8	8:54	5.7	2:24	-0.1	2:15	-0.7	6:03	8:14	
29	Tue	9:12	4.1	9:47	5.6	3:16	-0.3	3:10	-0.8	6:04	8:13	
30	Wed	10:06	4.2	10:38	5.4	4:05	-0.4	4:04	-0.8	6:05	8:12	
31	Thu	10:59	4.4	11:26	5.1	4:52	-0.5	4:58	-0.6	6:06	8:12	