

## Great Machipongo Inlet, VA - Nov 1969

| Date |     | High  |     |       |     | Low   |      |       |      |  |      |    |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|-------------------------------------------------------------------------------------|------|---------------------------------------------------------------------------------------|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM    | ft   | Rise                                                                                | Set  | Moon                                                                                  |
| 1    | Sat | 12:47 | 3.0 | 1:22  | 4.1 | 6:43  | 1.1  | 7:53  | 1.4  | 6:27                                                                                | 5:05 |    |
| 2    | Sun | 1:45  | 3.0 | 2:20  | 4.0 | 7:41  | 1.2  | 8:45  | 1.3  | 6:28                                                                                | 5:04 |    |
| 3    | Mon | 2:47  | 3.1 | 3:17  | 3.9 | 8:39  | 1.2  | 9:33  | 1.2  | 6:29                                                                                | 5:03 |    |
| 4    | Tue | 3:46  | 3.4 | 4:09  | 4.0 | 9:37  | 1.1  | 10:17 | 1.0  | 6:30                                                                                | 5:02 |    |
| 5    | Wed | 4:37  | 3.8 | 4:57  | 4.1 | 10:33 | 1.0  | 11:00 | 0.8  | 6:31                                                                                | 5:01 |    |
| 6    | Thu | 5:23  | 4.2 | 5:41  | 4.1 | 11:25 | 0.7  | 11:41 | 0.5  | 6:32                                                                                | 5:00 |    |
| 7    | Fri | 6:07  | 4.6 | 6:24  | 4.2 |       |      | 12:15 | 0.4  | 6:33                                                                                | 4:59 |    |
| 8    | Sat | 6:50  | 5.0 | 7:08  | 4.2 | 12:22 | 0.2  | 1:03  | 0.2  | 6:34                                                                                | 4:58 |    |
| 9    | Sun | 7:34  | 5.3 | 7:53  | 4.1 | 1:04  | 0.0  | 1:50  | 0.0  | 6:36                                                                                | 4:57 |    |
| 10   | Mon | 8:19  | 5.5 | 8:39  | 4.1 | 1:47  | -0.2 | 2:38  | -0.1 | 6:37                                                                                | 4:56 |    |
| 11   | Tue | 9:07  | 5.6 | 9:26  | 3.9 | 2:31  | -0.3 | 3:27  | -0.1 | 6:38                                                                                | 4:55 |    |
| 12   | Wed | 9:57  | 5.6 | 10:16 | 3.8 | 3:18  | -0.2 | 4:19  | 0.1  | 6:39                                                                                | 4:54 |   |
| 13   | Thu | 10:49 | 5.4 | 11:09 | 3.6 | 4:08  | -0.2 | 5:15  | 0.2  | 6:40                                                                                | 4:54 |  |
| 14   | Fri | 11:45 | 5.2 |       |     | 5:04  | 0.0  | 6:14  | 0.3  | 6:41                                                                                | 4:53 |  |
| 15   | Sat | 12:07 | 3.5 | 12:44 | 4.9 | 6:06  | 0.2  | 7:15  | 0.4  | 6:42                                                                                | 4:52 |  |
| 16   | Sun | 1:11  | 3.4 | 1:46  | 4.6 | 7:13  | 0.3  | 8:16  | 0.4  | 6:43                                                                                | 4:51 |  |
| 17   | Mon | 2:21  | 3.5 | 2:52  | 4.3 | 8:21  | 0.4  | 9:13  | 0.3  | 6:44                                                                                | 4:51 |  |
| 18   | Tue | 3:31  | 3.7 | 3:55  | 4.1 | 9:30  | 0.4  | 10:07 | 0.2  | 6:45                                                                                | 4:50 |  |
| 19   | Wed | 4:34  | 4.0 | 4:52  | 3.9 | 10:37 | 0.3  | 10:57 | 0.1  | 6:46                                                                                | 4:50 |  |
| 20   | Thu | 5:27  | 4.4 | 5:43  | 3.8 | 11:39 | 0.2  | 11:44 | 0.0  | 6:47                                                                                | 4:49 |  |
| 21   | Fri | 6:14  | 4.6 | 6:29  | 3.7 |       |      | 12:33 | 0.1  | 6:48                                                                                | 4:48 |  |
| 22   | Sat | 6:58  | 4.8 | 7:12  | 3.6 | 12:27 | -0.1 | 1:21  | 0.0  | 6:49                                                                                | 4:48 |  |
| 23   | Sun | 7:40  | 4.9 | 7:55  | 3.5 | 1:08  | -0.1 | 2:05  | 0.0  | 6:50                                                                                | 4:48 |  |
| 24   | Mon | 8:21  | 4.9 | 8:37  | 3.4 | 1:48  | -0.1 | 2:46  | 0.1  | 6:51                                                                                | 4:47 |  |
| 25   | Tue | 9:03  | 4.8 | 9:18  | 3.3 | 2:28  | 0.0  | 3:26  | 0.2  | 6:52                                                                                | 4:47 |  |
| 26   | Wed | 9:46  | 4.7 | 10:00 | 3.2 | 3:07  | 0.1  | 4:07  | 0.4  | 6:53                                                                                | 4:46 |  |
| 27   | Thu | 10:29 | 4.5 | 10:43 | 3.1 | 3:48  | 0.2  | 4:50  | 0.6  | 6:54                                                                                | 4:46 |  |
| 28   | Fri | 11:12 | 4.4 | 11:28 | 3.1 | 4:31  | 0.4  | 5:34  | 0.8  | 6:55                                                                                | 4:46 |  |
| 29   | Sat | 11:57 | 4.2 |       |     | 5:17  | 0.6  | 6:21  | 0.9  | 6:56                                                                                | 4:45 |  |
| 30   | Sun | 12:15 | 3.0 | 12:43 | 4.0 | 6:07  | 0.8  | 7:07  | 1.0  | 6:57                                                                                | 4:45 |  |