

Great Machipongo Inlet, VA - Dec 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:06	3.0	1:32	3.8	7:01	0.9	7:53	0.9	6:58	4:45	
2	Tue	2:02	3.2	2:23	3.7	7:58	1.0	8:38	0.8	6:59	4:45	
3	Wed	2:58	3.4	3:16	3.6	8:55	1.0	9:23	0.7	7:00	4:45	
4	Thu	3:53	3.7	4:08	3.6	9:53	0.8	10:09	0.5	7:01	4:45	
5	Fri	4:43	4.2	4:59	3.6	10:51	0.6	10:56	0.2	7:02	4:44	
6	Sat	5:32	4.6	5:48	3.6	11:46	0.3	11:44	-0.1	7:03	4:44	
7	Sun	6:20	5.0	6:37	3.7			12:40	0.1	7:03	4:44	
8	Mon	7:09	5.3	7:27	3.7	12:33	-0.3	1:31	-0.2	7:04	4:44	
9	Tue	8:00	5.5	8:18	3.7	1:22	-0.6	2:22	-0.3	7:05	4:45	
10	Wed	8:52	5.6	9:10	3.7	2:12	-0.7	3:13	-0.4	7:06	4:45	
11	Thu	9:44	5.5	10:03	3.7	3:03	-0.8	4:06	-0.4	7:07	4:45	
12	Fri	10:37	5.3	10:57	3.6	3:57	-0.7	5:00	-0.3	7:07	4:45	
13	Sat	11:31	5.0	11:55	3.6	4:54	-0.5	5:55	-0.2	7:08	4:45	
14	Sun			12:26	4.7	5:55	-0.3	6:51	-0.1	7:09	4:45	
15	Mon	12:55	3.6	1:23	4.2	6:59	0.0	7:46	-0.1	7:10	4:46	
16	Tue	2:00	3.6	2:23	3.8	8:06	0.2	8:40	-0.1	7:10	4:46	
17	Wed	3:06	3.8	3:24	3.5	9:14	0.3	9:32	0.0	7:11	4:46	
18	Thu	4:09	3.9	4:23	3.2	10:22	0.3	10:23	0.0	7:11	4:47	
19	Fri	5:05	4.1	5:17	3.1	11:26	0.3	11:12	-0.1	7:12	4:47	
20	Sat	5:54	4.3	6:05	3.0			12:22	0.2	7:13	4:48	
21	Sun	6:39	4.4	6:50	3.0	12:00	-0.1	1:09	0.1	7:13	4:48	
22	Mon	7:22	4.5	7:32	3.0	12:44	-0.1	1:51	0.1	7:14	4:49	
23	Tue	8:04	4.5	8:14	3.1	1:26	-0.2	2:29	0.1	7:14	4:49	
24	Wed	8:45	4.5	8:56	3.1	2:07	-0.2	3:07	0.2	7:14	4:50	
25	Thu	9:26	4.5	9:37	3.1	2:46	-0.2	3:44	0.2	7:15	4:50	
26	Fri	10:06	4.4	10:19	3.1	3:26	-0.1	4:22	0.3	7:15	4:51	
27	Sat	10:46	4.3	11:01	3.1	4:07	0.1	5:01	0.4	7:16	4:52	
28	Sun	11:25	4.1	11:43	3.1	4:50	0.2	5:41	0.5	7:16	4:52	
29	Mon			12:05	3.9	5:35	0.4	6:21	0.5	7:16	4:53	
30	Tue	12:29	3.2	12:47	3.7	6:25	0.6	7:03	0.5	7:16	4:54	
31	Wed	1:17	3.3	1:33	3.5	7:19	0.7	7:46	0.4	7:17	4:54	