

Great Machipongo Inlet, VA - Jan 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	2:08	3.5	2:24	3.2	8:16	0.7	8:30	0.4	7:17	4:55	
2	Fri	3:05	3.8	3:21	3.1	9:16	0.7	9:21	0.2	7:17	4:56	
3	Sat	4:03	4.1	4:19	3.1	10:18	0.5	10:16	0.0	7:17	4:57	
4	Sun	5:00	4.4	5:17	3.2	11:20	0.3	11:12	-0.3	7:17	4:58	
5	Mon	5:56	4.8	6:12	3.3			12:19	0.0	7:17	4:58	
6	Tue	6:50	5.1	7:06	3.4	12:09	-0.6	1:14	-0.3	7:17	4:59	
7	Wed	7:44	5.3	8:01	3.6	1:04	-0.9	2:07	-0.6	7:17	5:00	
8	Thu	8:38	5.4	8:54	3.7	1:58	-1.2	2:57	-0.7	7:17	5:01	
9	Fri	9:30	5.4	9:48	3.9	2:51	-1.3	3:47	-0.8	7:17	5:02	
10	Sat	10:20	5.2	10:41	3.9	3:45	-1.2	4:36	-0.8	7:17	5:03	
11	Sun	11:10	4.8	11:35	3.9	4:41	-1.0	5:26	-0.7	7:17	5:04	
12	Mon			12:00	4.3	5:39	-0.7	6:16	-0.6	7:16	5:05	
13	Tue	12:30	3.9	12:51	3.8	6:39	-0.3	7:07	-0.4	7:16	5:06	
14	Wed	1:28	3.8	1:45	3.3	7:43	0.0	7:58	-0.3	7:16	5:07	
15	Thu	2:30	3.8	2:44	3.0	8:48	0.3	8:51	-0.1	7:16	5:08	
16	Fri	3:34	3.8	3:45	2.7	9:56	0.4	9:45	0.0	7:15	5:09	
17	Sat	4:35	3.8	4:45	2.6	11:04	0.5	10:40	0.0	7:15	5:10	
18	Sun	5:31	3.9	5:38	2.6			12:04	0.4	7:15	5:11	
19	Mon	6:20	4.0	6:25	2.7			12:53	0.4	7:14	5:12	
20	Tue	7:04	4.1	7:08	2.8	12:22	-0.1	1:32	0.3	7:14	5:13	
21	Wed	7:46	4.2	7:50	3.0	1:06	-0.2	2:08	0.2	7:13	5:14	
22	Thu	8:25	4.3	8:31	3.1	1:47	-0.3	2:41	0.2	7:13	5:15	
23	Fri	9:03	4.3	9:12	3.2	2:26	-0.3	3:15	0.1	7:12	5:16	
24	Sat	9:40	4.2	9:51	3.3	3:05	-0.3	3:48	0.1	7:11	5:18	
25	Sun	10:17	4.1	10:31	3.4	3:44	-0.2	4:23	0.1	7:11	5:19	
26	Mon	10:53	4.0	11:10	3.5	4:24	0.0	4:58	0.2	7:10	5:20	
27	Tue	11:29	3.7	11:51	3.6	5:07	0.1	5:35	0.2	7:10	5:21	
28	Wed			12:08	3.5	5:54	0.3	6:14	0.3	7:09	5:22	
29	Thu	12:35	3.6	12:51	3.3	6:46	0.5	6:59	0.3	7:08	5:23	
30	Fri	1:26	3.7	1:42	3.0	7:43	0.6	7:49	0.2	7:07	5:24	
31	Sat	2:25	3.9	2:42	2.9	8:45	0.6	8:45	0.1	7:07	5:25	