

Great Machipongo Inlet, VA - May 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	5:36	4.2	6:07	4.2	11:46	0.0			6:07	7:52	
2	Sat	6:32	4.1	7:00	4.6	12:15	-0.1	12:36	-0.2	6:06	7:52	
3	Sun	7:23	4.1	7:49	4.9	1:15	-0.3	1:24	-0.3	6:05	7:53	
4	Mon	8:11	3.9	8:36	5.1	2:09	-0.4	2:09	-0.4	6:04	7:54	
5	Tue	8:58	3.8	9:22	5.2	2:59	-0.5	2:52	-0.4	6:03	7:55	
6	Wed	9:43	3.7	10:07	5.1	3:46	-0.4	3:35	-0.3	6:02	7:56	
7	Thu	10:28	3.5	10:52	4.9	4:31	-0.2	4:18	-0.2	6:01	7:57	
8	Fri	11:13	3.4	11:37	4.7	5:16	0.0	5:02	0.1	6:00	7:58	
9	Sat	11:57	3.2			6:02	0.3	5:47	0.3	5:59	7:59	
10	Sun	12:23	4.4	12:43	3.1	6:50	0.6	6:36	0.6	5:58	8:00	
11	Mon	1:11	4.2	1:32	3.0	7:40	0.8	7:29	0.8	5:57	8:00	
12	Tue	2:02	3.9	2:26	3.0	8:30	1.0	8:25	0.9	5:56	8:01	
13	Wed	2:55	3.7	3:23	3.1	9:18	1.0	9:22	1.0	5:55	8:02	
14	Thu	3:51	3.6	4:21	3.3	10:04	1.0	10:19	1.0	5:54	8:03	
15	Fri	4:44	3.6	5:14	3.6	10:49	0.9	11:15	0.9	5:53	8:04	
16	Sat	5:34	3.6	6:02	4.0	11:32	0.8			5:52	8:05	
17	Sun	6:21	3.6	6:46	4.3	12:09	0.7	12:15	0.6	5:52	8:06	
18	Mon	7:05	3.7	7:30	4.7	12:59	0.5	12:58	0.4	5:51	8:06	
19	Tue	7:50	3.7	8:14	5.0	1:47	0.3	1:41	0.2	5:50	8:07	
20	Wed	8:35	3.7	8:59	5.2	2:34	0.1	2:25	0.0	5:49	8:08	
21	Thu	9:20	3.7	9:45	5.3	3:20	0.0	3:09	-0.1	5:49	8:09	
22	Fri	10:08	3.7	10:34	5.4	4:07	-0.1	3:56	-0.2	5:48	8:10	
23	Sat	10:56	3.7	11:24	5.3	4:56	-0.1	4:45	-0.1	5:47	8:11	
24	Sun	11:47	3.6			5:48	0.0	5:38	-0.1	5:47	8:11	
25	Mon	12:16	5.2	12:41	3.6	6:42	0.1	6:36	0.1	5:46	8:12	
26	Tue	1:10	4.9	1:39	3.6	7:38	0.1	7:39	0.2	5:46	8:13	
27	Wed	2:07	4.6	2:42	3.7	8:34	0.2	8:45	0.3	5:45	8:14	
28	Thu	3:08	4.3	3:47	3.9	9:29	0.1	9:52	0.3	5:45	8:14	
29	Fri	4:09	4.0	4:51	4.1	10:22	0.0	10:59	0.3	5:44	8:15	
30	Sat	5:10	3.8	5:49	4.4	11:14	0.0			5:44	8:16	
31	Sun	6:06	3.6	6:41	4.7	12:04	0.2	12:05	-0.1	5:43	8:16	