

Great Machipongo Inlet, VA - Jul 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	7:26	3.1	8:00	4.7	1:47	0.4	1:19	0.1	5:45	8:27	
2	Thu	8:13	3.2	8:45	4.7	2:33	0.3	2:06	0.0	5:45	8:27	
3	Fri	8:57	3.2	9:28	4.7	3:15	0.3	2:50	0.0	5:46	8:27	
4	Sat	9:41	3.3	10:10	4.7	3:53	0.3	3:32	0.1	5:46	8:27	
5	Sun	10:24	3.4	10:51	4.6	4:31	0.4	4:13	0.1	5:47	8:27	
6	Mon	11:06	3.4	11:30	4.5	5:08	0.4	4:55	0.3	5:48	8:26	
7	Tue	11:48	3.5			5:45	0.5	5:38	0.5	5:48	8:26	
8	Wed	12:09	4.3	12:30	3.5	6:23	0.6	6:23	0.7	5:49	8:26	
9	Thu	12:48	4.1	1:13	3.6	7:01	0.7	7:11	0.9	5:49	8:26	
10	Fri	1:28	3.8	1:59	3.7	7:40	0.7	8:03	1.0	5:50	8:25	
11	Sat	2:12	3.6	2:48	3.8	8:21	0.8	8:57	1.1	5:51	8:25	
12	Sun	3:01	3.4	3:42	4.0	9:06	0.7	9:54	1.1	5:51	8:25	
13	Mon	3:55	3.3	4:38	4.3	9:54	0.7	10:54	1.0	5:52	8:24	
14	Tue	4:53	3.2	5:35	4.6	10:47	0.5	11:55	0.8	5:53	8:24	
15	Wed	5:51	3.3	6:30	4.9	11:44	0.3			5:53	8:23	
16	Thu	6:47	3.4	7:24	5.2	12:54	0.6	12:41	0.0	5:54	8:23	
17	Fri	7:41	3.6	8:18	5.5	1:49	0.3	1:37	-0.3	5:55	8:22	
18	Sat	8:35	3.8	9:10	5.6	2:41	0.0	2:31	-0.5	5:55	8:22	
19	Sun	9:29	4.0	10:02	5.7	3:31	-0.2	3:25	-0.7	5:56	8:21	
20	Mon	10:22	4.2	10:53	5.5	4:19	-0.4	4:19	-0.7	5:57	8:20	
21	Tue	11:16	4.4	11:42	5.2	5:08	-0.5	5:14	-0.6	5:58	8:20	
22	Wed			12:09	4.5	5:56	-0.5	6:12	-0.4	5:58	8:19	
23	Thu	12:32	4.8	1:03	4.5	6:45	-0.4	7:12	-0.1	5:59	8:18	
24	Fri	1:22	4.3	1:59	4.5	7:36	-0.2	8:15	0.2	6:00	8:18	
25	Sat	2:16	3.8	2:59	4.4	8:27	0.0	9:20	0.5	6:01	8:17	
26	Sun	3:14	3.4	4:02	4.4	9:20	0.2	10:27	0.7	6:02	8:16	
27	Mon	4:16	3.1	5:06	4.4	10:15	0.3	11:36	0.8	6:02	8:15	
28	Tue	5:19	3.0	6:06	4.4	11:12	0.4			6:03	8:14	
29	Wed	6:17	3.0	6:59	4.5	12:41	0.8	12:08	0.4	6:04	8:14	
30	Thu	7:08	3.1	7:45	4.5	1:34	0.7	1:01	0.3	6:05	8:13	
31	Fri	7:53	3.2	8:28	4.6	2:18	0.6	1:49	0.2	6:06	8:12	