

Great Machipongo Inlet, VA - Aug 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	8:36	3.4	9:08	4.7	2:54	0.6	2:32	0.2	6:06	8:11	
2	Sun	9:17	3.5	9:46	4.7	3:28	0.5	3:12	0.2	6:07	8:10	
3	Mon	9:58	3.7	10:23	4.6	4:00	0.5	3:51	0.2	6:08	8:09	
4	Tue	10:38	3.8	11:00	4.5	4:33	0.5	4:31	0.3	6:09	8:08	
5	Wed	11:17	3.9	11:36	4.3	5:06	0.5	5:11	0.5	6:10	8:07	
6	Thu	11:56	4.0			5:40	0.6	5:54	0.7	6:11	8:06	
7	Fri	12:13	4.1	12:36	4.1	6:16	0.7	6:39	0.9	6:11	8:05	
8	Sat	12:50	3.8	1:19	4.1	6:54	0.7	7:29	1.0	6:12	8:04	
9	Sun	1:31	3.6	2:06	4.2	7:36	0.8	8:23	1.2	6:13	8:02	
10	Mon	2:19	3.4	3:01	4.3	8:23	0.8	9:22	1.2	6:14	8:01	
11	Tue	3:16	3.2	4:03	4.4	9:17	0.8	10:25	1.1	6:15	8:00	
12	Wed	4:19	3.2	5:07	4.7	10:16	0.6	11:29	1.0	6:16	7:59	
13	Thu	5:24	3.3	6:08	5.0	11:19	0.4			6:17	7:58	
14	Fri	6:24	3.6	7:05	5.3	12:31	0.7	12:21	0.0	6:17	7:57	
15	Sat	7:22	3.9	7:59	5.5	1:27	0.3	1:21	-0.3	6:18	7:55	
16	Sun	8:17	4.2	8:51	5.6	2:19	0.0	2:17	-0.6	6:19	7:54	
17	Mon	9:10	4.5	9:41	5.6	3:07	-0.3	3:12	-0.8	6:20	7:53	
18	Tue	10:03	4.8	10:30	5.4	3:53	-0.5	4:05	-0.8	6:21	7:52	
19	Wed	10:54	5.0	11:19	5.0	4:39	-0.6	4:59	-0.6	6:22	7:50	
20	Thu	11:45	5.1			5:25	-0.5	5:55	-0.3	6:22	7:49	
21	Fri	12:07	4.6	12:37	5.0	6:12	-0.3	6:53	0.0	6:23	7:48	
22	Sat	12:56	4.1	1:30	4.8	7:01	-0.1	7:54	0.4	6:24	7:46	
23	Sun	1:48	3.6	2:28	4.6	7:54	0.2	8:58	0.7	6:25	7:45	
24	Mon	2:45	3.3	3:32	4.4	8:49	0.5	10:06	1.0	6:26	7:44	
25	Tue	3:49	3.0	4:41	4.3	9:48	0.7	11:17	1.1	6:27	7:42	
26	Wed	4:57	3.0	5:47	4.3	10:49	0.8			6:28	7:41	
27	Thu	5:59	3.1	6:41	4.4	12:22	1.1	11:49 AM	0.7	6:28	7:39	
28	Fri	6:49	3.2	7:25	4.5	1:12	1.0	12:43	0.6	6:29	7:38	
29	Sat	7:32	3.5	8:04	4.5	1:51	0.9	1:29	0.5	6:30	7:37	
30	Sun	8:12	3.7	8:41	4.6	2:23	0.8	2:11	0.4	6:31	7:35	
31	Mon	8:51	3.9	9:17	4.6	2:53	0.6	2:51	0.3	6:32	7:34	