

Great Machipongo Inlet, VA - Mar 1974

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	2:15	4.2	2:35	3.2	8:38	0.4	8:43	0.1	7:34	6:56	
2	Sat	3:19	4.2	3:40	3.1	9:42	0.4	9:46	0.0	7:32	6:57	
3	Sun	4:27	4.3	4:49	3.2	10:48	0.3	10:52	-0.2	7:31	6:58	
4	Mon	5:34	4.4	5:55	3.5	11:52	0.1	11:58	-0.5	7:29	6:59	
5	Tue	6:35	4.6	6:55	3.8			12:52	-0.2	7:28	7:00	
6	Wed	7:31	4.7	7:50	4.1	1:00	-0.8	1:45	-0.5	7:27	7:01	
7	Thu	8:23	4.8	8:42	4.5	1:58	-1.1	2:33	-0.8	7:25	7:02	
8	Fri	9:12	4.7	9:32	4.7	2:51	-1.2	3:18	-0.9	7:24	7:03	
9	Sat	9:59	4.6	10:20	4.8	3:42	-1.2	4:02	-1.0	7:22	7:04	
10	Sun	10:45	4.3	11:07	4.7	4:31	-1.1	4:45	-0.8	7:21	7:05	
11	Mon	11:29	4.0	11:53	4.5	5:20	-0.8	5:29	-0.6	7:19	7:06	
12	Tue			12:13	3.6	6:09	-0.4	6:14	-0.3	7:18	7:06	
13	Wed	12:39	4.3	12:59	3.3	7:00	0.0	7:02	0.0	7:16	7:07	
14	Thu	1:28	4.0	1:47	3.0	7:53	0.4	7:52	0.3	7:15	7:08	
15	Fri	2:22	3.7	2:40	2.8	8:48	0.7	8:47	0.5	7:13	7:09	
16	Sat	3:22	3.6	3:40	2.8	9:47	0.9	9:44	0.6	7:12	7:10	
17	Sun	4:25	3.5	4:42	2.8	10:45	1.0	10:42	0.6	7:10	7:11	
18	Mon	5:26	3.6	5:39	3.0	11:40	0.9	11:39	0.5	7:09	7:12	
19	Tue	6:17	3.7	6:29	3.3			12:28	0.8	7:07	7:13	
20	Wed	7:02	3.9	7:14	3.6	12:31	0.4	1:09	0.6	7:06	7:14	
21	Thu	7:43	4.0	7:56	3.9	1:18	0.2	1:47	0.4	7:04	7:15	
22	Fri	8:23	4.1	8:37	4.2	2:02	0.0	2:23	0.2	7:03	7:16	
23	Sat	9:02	4.2	9:18	4.5	2:44	-0.2	3:00	0.0	7:01	7:17	
24	Sun	9:42	4.2	9:59	4.7	3:25	-0.3	3:37	-0.1	7:00	7:17	
25	Mon	10:22	4.1	10:40	4.8	4:07	-0.3	4:15	-0.1	6:58	7:18	
26	Tue	11:03	4.0	11:24	4.8	4:51	-0.2	4:56	-0.1	6:57	7:19	
27	Wed	11:45	3.8			5:38	-0.1	5:40	-0.1	6:55	7:20	
28	Thu	12:10	4.8	12:31	3.6	6:29	0.1	6:30	0.0	6:54	7:21	
29	Fri	1:01	4.7	1:23	3.5	7:24	0.2	7:26	0.1	6:52	7:22	
30	Sat	1:57	4.5	2:22	3.3	8:24	0.4	8:28	0.2	6:51	7:23	
31	Sun	3:01	4.4	3:28	3.3	9:27	0.4	9:33	0.1	6:49	7:24	