

Great Machipongo Inlet, VA - Jan 1975

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	10:48	5.1	11:13	4.1	4:18	-1.0	5:03	-0.8	7:17	4:55	
2	Thu	11:38	4.7			5:15	-0.7	5:55	-0.7	7:17	4:56	
3	Fri	12:08	4.1	12:30	4.3	6:14	-0.5	6:48	-0.6	7:17	4:57	
4	Sat	1:06	4.0	1:26	3.8	7:17	-0.2	7:42	-0.5	7:17	4:57	
5	Sun	2:08	4.0	2:25	3.4	8:22	0.0	8:38	-0.4	7:17	4:58	
6	Mon	3:14	4.0	3:28	3.1	9:29	0.2	9:35	-0.3	7:17	4:59	
7	Tue	4:18	4.0	4:30	3.0	10:37	0.2	10:32	-0.3	7:17	5:00	
8	Wed	5:17	4.1	5:27	3.0	11:40	0.1	11:27	-0.3	7:17	5:01	
9	Thu	6:09	4.2	6:17	3.0			12:35	0.1	7:17	5:02	
10	Fri	6:56	4.3	7:03	3.1	12:18	-0.4	1:20	0.0	7:17	5:03	
11	Sat	7:39	4.3	7:47	3.2	1:04	-0.5	2:00	-0.1	7:17	5:04	
12	Sun	8:19	4.4	8:29	3.3	1:46	-0.5	2:37	-0.1	7:16	5:05	
13	Mon	8:59	4.3	9:11	3.4	2:27	-0.5	3:13	-0.1	7:16	5:06	
14	Tue	9:38	4.3	9:52	3.4	3:07	-0.4	3:48	-0.1	7:16	5:07	
15	Wed	10:16	4.2	10:32	3.5	3:46	-0.3	4:24	0.0	7:16	5:08	
16	Thu	10:54	4.0	11:13	3.5	4:27	-0.1	5:01	0.1	7:15	5:09	
17	Fri	11:33	3.8	11:55	3.5	5:10	0.2	5:40	0.2	7:15	5:10	
18	Sat			12:12	3.5	5:56	0.4	6:21	0.3	7:15	5:11	
19	Sun	12:40	3.5	12:56	3.3	6:46	0.6	7:05	0.3	7:14	5:12	
20	Mon	1:30	3.5	1:45	3.1	7:39	0.7	7:53	0.3	7:14	5:13	
21	Tue	2:26	3.6	2:40	3.0	8:37	0.7	8:45	0.2	7:13	5:14	
22	Wed	3:25	3.8	3:40	3.0	9:37	0.6	9:41	0.1	7:13	5:15	
23	Thu	4:24	4.1	4:39	3.2	10:38	0.4	10:39	-0.2	7:12	5:16	
24	Fri	5:21	4.5	5:36	3.4	11:37	0.1	11:36	-0.5	7:12	5:17	
25	Sat	6:15	4.8	6:31	3.6			12:33	-0.2	7:11	5:18	
26	Sun	7:08	5.1	7:24	3.9	12:32	-0.9	1:24	-0.6	7:10	5:19	
27	Mon	7:59	5.2	8:17	4.1	1:26	-1.2	2:13	-0.9	7:10	5:21	
28	Tue	8:49	5.3	9:09	4.3	2:19	-1.4	3:01	-1.1	7:09	5:22	
29	Wed	9:39	5.1	10:01	4.5	3:11	-1.4	3:49	-1.1	7:08	5:23	
30	Thu	10:28	4.9	10:53	4.5	4:05	-1.3	4:38	-1.1	7:07	5:24	
31	Fri	11:17	4.5	11:46	4.4	5:00	-1.0	5:27	-1.0	7:07	5:25	