

Great Machipongo Inlet, VA - Aug 1975

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	3:20	3.3	4:04	4.2	9:23	0.8	10:17	1.2	6:06	8:11	
2	Sat	4:18	3.3	5:02	4.4	10:17	0.7	11:16	1.0	6:07	8:10	
3	Sun	5:17	3.4	5:58	4.7	11:13	0.5			6:08	8:09	
4	Mon	6:13	3.6	6:51	5.0	12:14	0.8	12:10	0.2	6:09	8:08	
5	Tue	7:07	3.9	7:42	5.3	1:08	0.5	1:06	-0.1	6:10	8:07	
6	Wed	8:00	4.2	8:32	5.5	1:59	0.1	2:00	-0.4	6:10	8:06	
7	Thu	8:52	4.5	9:22	5.6	2:47	-0.2	2:53	-0.6	6:11	8:05	
8	Fri	9:43	4.8	10:11	5.5	3:34	-0.5	3:45	-0.8	6:12	8:04	
9	Sat	10:35	5.0	11:00	5.3	4:21	-0.6	4:38	-0.7	6:13	8:03	
10	Sun	11:26	5.1	11:49	5.0	5:08	-0.6	5:32	-0.5	6:14	8:02	
11	Mon			12:19	5.0	5:57	-0.6	6:29	-0.2	6:15	8:00	
12	Tue	12:39	4.5	1:13	4.9	6:49	-0.4	7:30	0.1	6:16	7:59	
13	Wed	1:32	4.1	2:12	4.7	7:42	-0.2	8:33	0.4	6:16	7:58	
14	Thu	2:29	3.7	3:15	4.6	8:39	0.0	9:39	0.6	6:17	7:57	
15	Fri	3:32	3.4	4:22	4.5	9:38	0.2	10:47	0.7	6:18	7:56	
16	Sat	4:39	3.3	5:28	4.4	10:39	0.3	11:54	0.7	6:19	7:54	
17	Sun	5:43	3.3	6:26	4.5	11:39	0.3			6:20	7:53	
18	Mon	6:38	3.4	7:15	4.5	12:52	0.7	12:36	0.3	6:21	7:52	
19	Tue	7:26	3.6	7:58	4.6	1:39	0.6	1:26	0.2	6:21	7:51	
20	Wed	8:09	3.7	8:37	4.6	2:18	0.5	2:10	0.1	6:22	7:49	
21	Thu	8:49	3.9	9:15	4.6	2:52	0.4	2:51	0.1	6:23	7:48	
22	Fri	9:29	4.1	9:52	4.6	3:25	0.3	3:30	0.1	6:24	7:47	
23	Sat	10:09	4.2	10:30	4.5	3:58	0.3	4:09	0.2	6:25	7:45	
24	Sun	10:48	4.3	11:07	4.3	4:32	0.4	4:48	0.4	6:26	7:44	
25	Mon	11:27	4.4	11:45	4.1	5:07	0.5	5:29	0.6	6:27	7:42	
26	Tue			12:08	4.3	5:43	0.6	6:12	0.8	6:27	7:41	
27	Wed	12:23	3.9	12:50	4.3	6:22	0.8	6:59	1.0	6:28	7:40	
28	Thu	1:04	3.7	1:35	4.3	7:05	0.9	7:50	1.2	6:29	7:38	
29	Fri	1:49	3.5	2:27	4.3	7:53	0.9	8:46	1.3	6:30	7:37	
30	Sat	2:43	3.4	3:26	4.4	8:47	0.9	9:45	1.3	6:31	7:35	
31	Sun	3:44	3.4	4:28	4.5	9:45	0.8	10:45	1.1	6:32	7:34	