

Great Machipongo Inlet, VA - May 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	10:38	3.7	10:57	4.7	4:30	0.2	4:26	0.3	6:07	7:52	☀
2	Sun	11:18	3.6	11:38	4.6	5:10	0.3	5:06	0.4	6:06	7:53	☀
3	Mon			12:00	3.6	5:53	0.4	5:49	0.5	6:04	7:54	☀
4	Tue	12:21	4.6	12:44	3.5	6:39	0.5	6:37	0.6	6:03	7:55	☀
5	Wed	1:07	4.5	1:33	3.5	7:29	0.6	7:31	0.6	6:02	7:56	☀
6	Thu	1:58	4.4	2:28	3.6	8:21	0.6	8:30	0.6	6:01	7:57	☀
7	Fri	2:54	4.3	3:28	3.8	9:15	0.5	9:33	0.5	6:00	7:57	☀
8	Sat	3:55	4.2	4:31	4.1	10:10	0.3	10:36	0.3	5:59	7:58	☀
9	Sun	4:56	4.2	5:30	4.5	11:05	0.0	11:39	0.0	5:58	7:59	☀
10	Mon	5:54	4.3	6:27	4.9			12:00	-0.2	5:57	8:00	☀
11	Tue	6:50	4.3	7:21	5.3	12:41	-0.3	12:54	-0.5	5:56	8:01	☀
12	Wed	7:44	4.3	8:14	5.5	1:39	-0.6	1:46	-0.8	5:55	8:02	☀
13	Thu	8:38	4.3	9:07	5.7	2:35	-0.8	2:37	-0.9	5:55	8:03	☀
14	Fri	9:30	4.2	9:59	5.6	3:27	-0.9	3:28	-0.9	5:54	8:04	☀
15	Sat	10:23	4.1	10:50	5.5	4:19	-0.8	4:18	-0.8	5:53	8:04	☀
16	Sun	11:14	4.0	11:42	5.2	5:11	-0.6	5:10	-0.6	5:52	8:05	☀
17	Mon			12:06	3.8	6:04	-0.4	6:04	-0.3	5:51	8:06	☀
18	Tue	12:33	4.8	12:59	3.6	6:58	-0.1	7:00	0.0	5:51	8:07	☀
19	Wed	1:24	4.4	1:54	3.5	7:52	0.1	7:58	0.3	5:50	8:08	☀
20	Thu	2:18	4.1	2:52	3.4	8:45	0.3	8:58	0.6	5:49	8:09	☀
21	Fri	3:14	3.8	3:52	3.5	9:36	0.5	9:57	0.7	5:48	8:09	☀
22	Sat	4:11	3.5	4:49	3.6	10:24	0.6	10:56	0.8	5:48	8:10	☀
23	Sun	5:05	3.4	5:40	3.8	11:10	0.6	11:51	0.7	5:47	8:11	☀
24	Mon	5:55	3.4	6:25	4.1	11:54	0.5			5:47	8:12	☀
25	Tue	6:40	3.4	7:08	4.3	12:42	0.7	12:37	0.5	5:46	8:13	☀
26	Wed	7:24	3.5	7:49	4.5	1:27	0.5	1:19	0.4	5:45	8:13	☀
27	Thu	8:06	3.6	8:30	4.7	2:08	0.4	1:59	0.3	5:45	8:14	☀
28	Fri	8:48	3.6	9:12	4.8	2:48	0.3	2:39	0.2	5:44	8:15	☀
29	Sat	9:30	3.7	9:53	4.9	3:27	0.3	3:19	0.2	5:44	8:15	☀
30	Sun	10:12	3.7	10:34	4.9	4:08	0.2	4:00	0.2	5:44	8:16	☀
31	Mon	10:55	3.7	11:17	4.9	4:49	0.2	4:43	0.2	5:43	8:17	☀