

Great Machipongo Inlet, VA - Jul 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu			12:04	4.1	5:54	0.0	6:01	0.1	5:45	8:27	
2	Fri	12:25	4.8	12:54	4.2	6:41	0.0	6:57	0.2	5:46	8:27	
3	Sat	1:13	4.5	1:47	4.3	7:31	0.0	7:56	0.3	5:46	8:27	
4	Sun	2:05	4.2	2:45	4.4	8:22	-0.1	8:58	0.4	5:47	8:27	
5	Mon	3:03	4.0	3:47	4.5	9:16	-0.1	10:02	0.4	5:47	8:27	
6	Tue	4:04	3.8	4:50	4.7	10:12	-0.2	11:07	0.3	5:48	8:26	
7	Wed	5:07	3.6	5:51	4.9	11:11	-0.2			5:48	8:26	
8	Thu	6:08	3.6	6:49	5.1	12:12	0.2	12:09	-0.4	5:49	8:26	
9	Fri	7:06	3.7	7:43	5.2	1:13	0.0	1:06	-0.5	5:50	8:25	
10	Sat	8:00	3.8	8:35	5.2	2:08	-0.2	2:01	-0.6	5:50	8:25	
11	Sun	8:53	3.8	9:24	5.2	2:58	-0.3	2:52	-0.6	5:51	8:25	
12	Mon	9:43	3.9	10:11	5.0	3:44	-0.4	3:40	-0.6	5:52	8:24	
13	Tue	10:30	3.9	10:55	4.8	4:28	-0.3	4:28	-0.4	5:52	8:24	
14	Wed	11:17	3.9	11:39	4.6	5:11	-0.2	5:15	-0.1	5:53	8:23	
15	Thu			12:02	3.9	5:53	0.0	6:02	0.2	5:54	8:23	
16	Fri	12:21	4.3	12:47	3.9	6:36	0.2	6:51	0.5	5:54	8:22	
17	Sat	1:04	4.0	1:34	3.8	7:18	0.4	7:42	0.7	5:55	8:22	
18	Sun	1:49	3.7	2:23	3.8	8:01	0.5	8:34	1.0	5:56	8:21	
19	Mon	2:37	3.4	3:17	3.8	8:46	0.7	9:28	1.1	5:57	8:21	
20	Tue	3:29	3.3	4:12	3.9	9:34	0.7	10:24	1.2	5:57	8:20	
21	Wed	4:24	3.2	5:07	4.1	10:23	0.7	11:19	1.1	5:58	8:19	
22	Thu	5:19	3.2	5:59	4.3	11:14	0.7			5:59	8:19	
23	Fri	6:11	3.4	6:47	4.5	12:13	1.0	12:05	0.5	6:00	8:18	
24	Sat	7:01	3.5	7:34	4.8	1:03	0.8	12:55	0.3	6:00	8:17	
25	Sun	7:48	3.7	8:19	5.0	1:50	0.6	1:44	0.1	6:01	8:16	
26	Mon	8:35	4.0	9:03	5.2	2:34	0.3	2:31	-0.1	6:02	8:16	
27	Tue	9:21	4.2	9:48	5.3	3:16	0.1	3:17	-0.2	6:03	8:15	
28	Wed	10:08	4.4	10:32	5.2	3:59	-0.1	4:05	-0.3	6:04	8:14	
29	Thu	10:55	4.5	11:18	5.1	4:43	-0.2	4:54	-0.3	6:04	8:13	
30	Fri	11:43	4.7			5:28	-0.3	5:46	-0.1	6:05	8:12	
31	Sat	12:04	4.9	12:34	4.7	6:15	-0.2	6:41	0.0	6:06	8:11	