

Great Machipongo Inlet, VA - Oct 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	3:17	3.6	3:59	4.5	9:22	0.5	10:25	0.7	6:58	6:46	
2	Sat	4:29	3.6	5:07	4.4	10:28	0.6	11:26	0.7	6:59	6:44	
3	Sun	5:35	3.7	6:05	4.4	11:32	0.5			7:00	6:43	
4	Mon	6:29	3.9	6:53	4.4	12:20	0.6	12:30	0.5	7:01	6:41	
5	Tue	7:13	4.2	7:34	4.3	1:04	0.5	1:20	0.4	7:02	6:40	
6	Wed	7:53	4.4	8:13	4.3	1:43	0.4	2:04	0.3	7:02	6:38	
7	Thu	8:32	4.6	8:51	4.3	2:18	0.3	2:43	0.3	7:03	6:37	
8	Fri	9:10	4.7	9:29	4.2	2:52	0.3	3:21	0.3	7:04	6:35	
9	Sat	9:49	4.8	10:07	4.2	3:27	0.3	3:59	0.4	7:05	6:34	
10	Sun	10:28	4.8	10:46	4.0	4:02	0.4	4:37	0.5	7:06	6:32	
11	Mon	11:08	4.8	11:25	3.9	4:38	0.5	5:18	0.7	7:07	6:31	
12	Tue	11:48	4.7			5:16	0.7	6:00	0.9	7:08	6:30	
13	Wed	12:06	3.7	12:31	4.6	5:57	0.9	6:47	1.1	7:09	6:28	
14	Thu	12:49	3.6	1:17	4.4	6:43	1.0	7:37	1.2	7:10	6:27	
15	Fri	1:37	3.5	2:08	4.4	7:35	1.1	8:30	1.3	7:11	6:25	
16	Sat	2:32	3.5	3:04	4.3	8:32	1.1	9:24	1.2	7:12	6:24	
17	Sun	3:32	3.6	4:04	4.4	9:31	1.0	10:19	1.0	7:13	6:23	
18	Mon	4:33	3.9	5:02	4.5	10:32	0.8	11:13	0.7	7:14	6:21	
19	Tue	5:31	4.3	5:57	4.7	11:33	0.5			7:15	6:20	
20	Wed	6:25	4.8	6:49	4.9	12:05	0.3	12:32	0.2	7:15	6:19	
21	Thu	7:17	5.2	7:40	4.9	12:55	-0.1	1:28	-0.2	7:16	6:17	
22	Fri	8:08	5.6	8:30	4.9	1:45	-0.4	2:22	-0.5	7:17	6:16	
23	Sat	8:58	5.9	9:21	4.9	2:33	-0.7	3:14	-0.6	7:18	6:15	
24	Sun	9:50	6.0	10:12	4.7	3:21	-0.8	4:06	-0.6	7:19	6:14	
25	Mon	10:42	5.9	11:04	4.5	4:11	-0.8	5:00	-0.5	7:20	6:12	
26	Tue	11:35	5.7	11:57	4.2	5:02	-0.6	5:55	-0.2	7:21	6:11	
27	Wed			12:29	5.4	5:56	-0.3	6:53	0.0	7:22	6:10	
28	Thu	12:53	3.9	1:26	5.0	6:55	0.0	7:54	0.3	7:23	6:09	
29	Fri	1:52	3.7	2:26	4.6	7:57	0.3	8:56	0.5	7:24	6:08	
30	Sat	2:57	3.6	3:30	4.3	9:01	0.5	9:56	0.6	7:25	6:07	
31	Sun	3:06	3.6	3:34	4.1	9:07	0.7	9:52	0.6	6:26	5:06	