

Great Machipongo Inlet, VA - Dec 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	4:27	3.7	4:38	3.4	10:36	0.7	10:42	0.4	6:58	4:45	
2	Thu	5:14	3.9	5:25	3.4	11:29	0.6	11:25	0.3	6:59	4:45	
3	Fri	5:57	4.1	6:08	3.4			12:15	0.5	7:00	4:45	
4	Sat	6:38	4.3	6:50	3.5	12:07	0.2	12:56	0.4	7:01	4:44	
5	Sun	7:18	4.5	7:31	3.5	12:47	0.1	1:35	0.3	7:02	4:44	
6	Mon	7:59	4.6	8:13	3.6	1:26	0.0	2:14	0.3	7:03	4:44	
7	Tue	8:39	4.7	8:54	3.6	2:05	0.0	2:52	0.2	7:04	4:44	
8	Wed	9:20	4.7	9:35	3.6	2:44	0.0	3:32	0.2	7:04	4:44	
9	Thu	10:00	4.7	10:17	3.6	3:25	0.1	4:13	0.3	7:05	4:45	
10	Fri	10:41	4.6	11:01	3.6	4:07	0.1	4:56	0.3	7:06	4:45	
11	Sat	11:24	4.5	11:47	3.6	4:53	0.2	5:41	0.3	7:07	4:45	
12	Sun			12:09	4.4	5:44	0.3	6:29	0.3	7:08	4:45	
13	Mon	12:38	3.7	12:59	4.2	6:40	0.4	7:19	0.2	7:08	4:45	
14	Tue	1:34	3.8	1:54	4.0	7:41	0.4	8:12	0.1	7:09	4:46	
15	Wed	2:35	4.0	2:54	3.8	8:44	0.4	9:06	-0.1	7:10	4:46	
16	Thu	3:37	4.3	3:56	3.8	9:48	0.2	10:02	-0.4	7:10	4:46	
17	Fri	4:37	4.6	4:55	3.8	10:52	0.0	10:59	-0.6	7:11	4:46	
18	Sat	5:35	5.0	5:53	3.8	11:54	-0.3	11:55	-0.9	7:12	4:47	
19	Sun	6:31	5.2	6:48	3.9			12:52	-0.6	7:12	4:47	
20	Mon	7:24	5.4	7:42	3.9	12:50	-1.1	1:46	-0.7	7:13	4:48	
21	Tue	8:17	5.4	8:35	3.9	1:43	-1.2	2:37	-0.8	7:13	4:48	
22	Wed	9:08	5.3	9:27	3.9	2:34	-1.2	3:27	-0.8	7:14	4:49	
23	Thu	9:58	5.1	10:18	3.8	3:25	-1.1	4:16	-0.7	7:14	4:49	
24	Fri	10:46	4.8	11:08	3.7	4:16	-0.8	5:05	-0.5	7:15	4:50	
25	Sat	11:34	4.4	11:59	3.6	5:09	-0.5	5:54	-0.3	7:15	4:50	
26	Sun			12:21	4.0	6:03	-0.1	6:42	-0.1	7:15	4:51	
27	Mon	12:51	3.4	1:10	3.6	6:59	0.2	7:31	0.1	7:16	4:52	
28	Tue	1:46	3.4	2:02	3.3	7:56	0.5	8:19	0.2	7:16	4:52	
29	Wed	2:43	3.4	2:57	3.1	8:54	0.6	9:06	0.3	7:16	4:53	
30	Thu	3:41	3.5	3:52	3.0	9:52	0.7	9:55	0.3	7:16	4:54	
31	Fri	4:35	3.6	4:44	3.0	10:49	0.7			7:17	4:55	