

Great Machipongo Inlet, VA - Jun 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	5:54	3.7	6:30	4.3	11:58	0.0			5:43	8:17	
2	Fri	6:45	3.6	7:16	4.5	12:47	0.2	12:46	0.0	5:43	8:18	
3	Sat	7:31	3.5	7:58	4.6	1:38	0.1	1:30	0.0	5:42	8:18	
4	Sun	8:14	3.5	8:40	4.7	2:22	0.1	2:12	-0.1	5:42	8:19	
5	Mon	8:57	3.5	9:21	4.7	3:03	0.0	2:52	0.0	5:42	8:20	
6	Tue	9:39	3.5	10:01	4.7	3:42	0.1	3:31	0.0	5:42	8:20	
7	Wed	10:21	3.5	10:42	4.7	4:20	0.1	4:10	0.1	5:41	8:21	
8	Thu	11:03	3.5	11:23	4.6	4:59	0.2	4:51	0.3	5:41	8:21	
9	Fri	11:45	3.5			5:39	0.4	5:33	0.5	5:41	8:22	
10	Sat	12:05	4.4	12:28	3.5	6:20	0.5	6:18	0.7	5:41	8:22	
11	Sun	12:46	4.3	1:12	3.5	7:03	0.6	7:06	0.8	5:41	8:23	
12	Mon	1:30	4.1	2:00	3.5	7:48	0.7	7:58	0.9	5:41	8:23	
13	Tue	2:17	4.0	2:52	3.7	8:34	0.7	8:52	0.9	5:41	8:24	
14	Wed	3:08	3.8	3:46	3.9	9:21	0.6	9:49	0.9	5:41	8:24	
15	Thu	4:03	3.8	4:42	4.2	10:11	0.4	10:48	0.7	5:41	8:25	
16	Fri	4:59	3.8	5:36	4.6	11:02	0.2	11:47	0.5	5:41	8:25	
17	Sat	5:54	3.9	6:29	5.0	11:55	0.0			5:41	8:25	
18	Sun	6:49	4.0	7:22	5.3	12:45	0.1	12:49	-0.3	5:41	8:26	
19	Mon	7:42	4.1	8:14	5.6	1:41	-0.2	1:42	-0.6	5:41	8:26	
20	Tue	8:36	4.2	9:07	5.8	2:35	-0.5	2:34	-0.8	5:41	8:26	
21	Wed	9:30	4.3	10:00	5.8	3:27	-0.7	3:27	-0.9	5:42	8:26	
22	Thu	10:24	4.3	10:53	5.7	4:19	-0.7	4:20	-0.9	5:42	8:27	
23	Fri	11:18	4.3	11:45	5.4	5:11	-0.7	5:15	-0.7	5:42	8:27	
24	Sat			12:13	4.2	6:04	-0.6	6:13	-0.5	5:42	8:27	
25	Sun	12:38	5.0	1:09	4.2	6:59	-0.5	7:13	-0.2	5:43	8:27	
26	Mon	1:32	4.6	2:07	4.1	7:53	-0.3	8:15	0.1	5:43	8:27	
27	Tue	2:27	4.2	3:09	4.0	8:48	-0.2	9:18	0.3	5:43	8:27	
28	Wed	3:26	3.8	4:12	4.0	9:41	0.0	10:23	0.5	5:44	8:27	
29	Thu	4:26	3.5	5:12	4.1	10:34	0.1	11:27	0.5	5:44	8:27	
30	Fri	5:24	3.4	6:05	4.2	11:26	0.2			5:45	8:27	