

## Great Machipongo Inlet, VA - Dec 1978

| Date |     | High  |     |       |     | Low   |      |       |      |  |      |    |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|-------------------------------------------------------------------------------------|------|---------------------------------------------------------------------------------------|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM    | ft   | Rise                                                                                | Set  | Moon                                                                                  |
| 1    | Fri | 8:53  | 5.6 | 9:13  | 4.2 | 2:20  | -0.7 | 3:09  | -0.5 | 6:58                                                                                | 4:45 |    |
| 2    | Sat | 9:43  | 5.6 | 10:04 | 4.1 | 3:09  | -0.7 | 4:00  | -0.5 | 6:59                                                                                | 4:45 |    |
| 3    | Sun | 10:34 | 5.4 | 10:57 | 4.0 | 4:01  | -0.7 | 4:53  | -0.4 | 7:00                                                                                | 4:45 |    |
| 4    | Mon | 11:26 | 5.2 | 11:53 | 3.9 | 4:56  | -0.5 | 5:48  | -0.3 | 7:01                                                                                | 4:45 |    |
| 5    | Tue |       |     | 12:21 | 4.8 | 5:55  | -0.3 | 6:46  | -0.2 | 7:02                                                                                | 4:44 |    |
| 6    | Wed | 12:52 | 3.8 | 1:19  | 4.4 | 6:57  | -0.1 | 7:43  | -0.2 | 7:02                                                                                | 4:44 |    |
| 7    | Thu | 1:56  | 3.8 | 2:21  | 4.1 | 8:03  | 0.1  | 8:41  | -0.1 | 7:03                                                                                | 4:44 |    |
| 8    | Fri | 3:03  | 3.9 | 3:24  | 3.8 | 9:09  | 0.2  | 9:37  | -0.2 | 7:04                                                                                | 4:44 |    |
| 9    | Sat | 4:08  | 4.0 | 4:24  | 3.7 | 10:15 | 0.2  | 10:31 | -0.2 | 7:05                                                                                | 4:45 |    |
| 10   | Sun | 5:06  | 4.2 | 5:19  | 3.6 | 11:18 | 0.1  | 11:23 | -0.3 | 7:06                                                                                | 4:45 |    |
| 11   | Mon | 5:56  | 4.4 | 6:09  | 3.5 |       |      | 12:15 | 0.0  | 7:06                                                                                | 4:45 |    |
| 12   | Tue | 6:42  | 4.5 | 6:54  | 3.5 | 12:11 | -0.3 | 1:03  | -0.1 | 7:07                                                                                | 4:45 |    |
| 13   | Wed | 7:25  | 4.6 | 7:38  | 3.5 | 12:55 | -0.4 | 1:47  | -0.1 | 7:08                                                                                | 4:45 |   |
| 14   | Thu | 8:06  | 4.6 | 8:20  | 3.5 | 1:36  | -0.4 | 2:27  | -0.1 | 7:09                                                                                | 4:45 |  |
| 15   | Fri | 8:48  | 4.6 | 9:02  | 3.4 | 2:16  | -0.4 | 3:06  | -0.1 | 7:09                                                                                | 4:46 |  |
| 16   | Sat | 9:28  | 4.6 | 9:44  | 3.4 | 2:56  | -0.3 | 3:44  | 0.0  | 7:10                                                                                | 4:46 |  |
| 17   | Sun | 10:09 | 4.5 | 10:26 | 3.4 | 3:36  | -0.1 | 4:24  | 0.1  | 7:11                                                                                | 4:46 |  |
| 18   | Mon | 10:50 | 4.3 | 11:09 | 3.3 | 4:17  | 0.1  | 5:05  | 0.3  | 7:11                                                                                | 4:47 |  |
| 19   | Tue | 11:31 | 4.1 | 11:53 | 3.3 | 5:01  | 0.3  | 5:47  | 0.4  | 7:12                                                                                | 4:47 |  |
| 20   | Wed |       |     | 12:14 | 3.9 | 5:47  | 0.5  | 6:31  | 0.5  | 7:12                                                                                | 4:48 |  |
| 21   | Thu | 12:40 | 3.3 | 12:59 | 3.7 | 6:37  | 0.7  | 7:16  | 0.5  | 7:13                                                                                | 4:48 |  |
| 22   | Fri | 1:31  | 3.3 | 1:48  | 3.6 | 7:30  | 0.8  | 8:02  | 0.5  | 7:13                                                                                | 4:48 |  |
| 23   | Sat | 2:25  | 3.5 | 2:41  | 3.5 | 8:26  | 0.8  | 8:51  | 0.4  | 7:14                                                                                | 4:49 |  |
| 24   | Sun | 3:21  | 3.7 | 3:37  | 3.5 | 9:24  | 0.7  | 9:41  | 0.2  | 7:14                                                                                | 4:50 |  |
| 25   | Mon | 4:16  | 4.0 | 4:32  | 3.5 | 10:23 | 0.5  | 10:33 | 0.0  | 7:15                                                                                | 4:50 |  |
| 26   | Tue | 5:10  | 4.4 | 5:25  | 3.7 | 11:21 | 0.2  | 11:26 | -0.3 | 7:15                                                                                | 4:51 |  |
| 27   | Wed | 6:01  | 4.8 | 6:18  | 3.8 |       |      | 12:17 | -0.1 | 7:15                                                                                | 4:51 |  |
| 28   | Thu | 6:52  | 5.1 | 7:10  | 3.9 | 12:19 | -0.7 | 1:10  | -0.4 | 7:16                                                                                | 4:52 |  |
| 29   | Fri | 7:44  | 5.4 | 8:02  | 4.0 | 1:10  | -1.0 | 2:01  | -0.7 | 7:16                                                                                | 4:53 |  |
| 30   | Sat | 8:35  | 5.5 | 8:55  | 4.1 | 2:02  | -1.2 | 2:52  | -0.9 | 7:16                                                                                | 4:53 |  |
| 31   | Sun | 9:27  | 5.5 | 9:49  | 4.1 | 2:53  | -1.2 | 3:43  | -0.9 | 7:17                                                                                | 4:54 |  |