

Great Machipongo Inlet, VA - Jan 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	10:19	5.3	10:43	4.0	3:47	-1.2	4:36	-0.9	7:17	4:55	
2	Tue	11:11	5.0	11:37	4.0	4:42	-1.0	5:30	-0.8	7:17	4:56	
3	Wed			12:04	4.6	5:40	-0.7	6:24	-0.7	7:17	4:57	
4	Thu	12:34	3.9	12:58	4.2	6:41	-0.4	7:19	-0.5	7:17	4:57	
5	Fri	1:35	3.8	1:56	3.8	7:44	-0.1	8:14	-0.4	7:17	4:58	
6	Sat	2:39	3.7	2:57	3.4	8:49	0.1	9:10	-0.3	7:17	4:59	
7	Sun	3:45	3.8	3:58	3.2	9:56	0.2	10:05	-0.2	7:17	5:00	
8	Mon	4:45	3.9	4:55	3.1	11:01	0.2	10:58	-0.2	7:17	5:01	
9	Tue	5:37	4.0	5:46	3.0	11:59	0.1	11:47	-0.3	7:17	5:02	
10	Wed	6:24	4.1	6:32	3.1			12:48	0.1	7:17	5:03	
11	Thu	7:06	4.2	7:15	3.1	12:33	-0.3	1:29	0.0	7:17	5:04	
12	Fri	7:47	4.3	7:57	3.2	1:15	-0.4	2:07	-0.1	7:16	5:05	
13	Sat	8:27	4.3	8:39	3.3	1:55	-0.4	2:43	-0.1	7:16	5:06	
14	Sun	9:07	4.4	9:20	3.4	2:34	-0.4	3:19	-0.1	7:16	5:07	
15	Mon	9:46	4.3	10:00	3.4	3:13	-0.3	3:56	0.0	7:16	5:08	
16	Tue	10:25	4.2	10:41	3.4	3:53	-0.2	4:33	0.1	7:15	5:09	
17	Wed	11:03	4.1	11:22	3.4	4:34	0.0	5:12	0.2	7:15	5:10	
18	Thu	11:42	3.9			5:18	0.2	5:53	0.2	7:15	5:11	
19	Fri	12:05	3.4	12:24	3.7	6:05	0.4	6:36	0.3	7:14	5:12	
20	Sat	12:52	3.5	1:09	3.5	6:56	0.5	7:22	0.3	7:14	5:13	
21	Sun	1:44	3.5	2:01	3.4	7:52	0.6	8:12	0.2	7:13	5:14	
22	Mon	2:41	3.7	2:59	3.3	8:51	0.5	9:05	0.1	7:13	5:15	
23	Tue	3:41	4.0	3:59	3.3	9:53	0.4	10:02	-0.2	7:12	5:16	
24	Wed	4:41	4.3	4:58	3.4	10:55	0.1	11:00	-0.5	7:12	5:17	
25	Thu	5:38	4.7	5:55	3.6	11:55	-0.2	11:57	-0.8	7:11	5:18	
26	Fri	6:33	5.0	6:51	3.8			12:51	-0.5	7:10	5:19	
27	Sat	7:26	5.2	7:45	4.0	12:53	-1.1	1:44	-0.9	7:10	5:21	
28	Sun	8:19	5.4	8:38	4.2	1:47	-1.4	2:34	-1.1	7:09	5:22	
29	Mon	9:11	5.3	9:31	4.3	2:40	-1.5	3:24	-1.2	7:08	5:23	
30	Tue	10:01	5.1	10:24	4.3	3:33	-1.5	4:14	-1.2	7:07	5:24	
31	Wed	10:51	4.8	11:16	4.2	4:27	-1.3	5:04	-1.0	7:07	5:25	