

Great Machipongo Inlet, VA - Sep 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	4:04	3.7	4:45	4.7	10:06	0.6	11:03	0.8	6:32	7:32	
2	Sun	5:07	3.8	5:46	5.0	11:07	0.4			6:33	7:31	
3	Mon	6:08	4.1	6:43	5.3	12:03	0.5	12:08	0.0	6:34	7:30	
4	Tue	7:04	4.4	7:37	5.5	1:00	0.2	1:07	-0.3	6:35	7:28	
5	Wed	7:59	4.7	8:29	5.6	1:52	-0.2	2:03	-0.6	6:36	7:27	
6	Thu	8:52	5.0	9:21	5.6	2:42	-0.5	2:57	-0.8	6:37	7:25	
7	Fri	9:44	5.2	10:11	5.5	3:31	-0.7	3:50	-0.8	6:37	7:24	
8	Sat	10:36	5.3	11:01	5.2	4:18	-0.7	4:43	-0.7	6:38	7:22	
9	Sun	11:27	5.3	11:50	4.8	5:06	-0.6	5:38	-0.4	6:39	7:21	
10	Mon			12:19	5.1	5:56	-0.4	6:34	-0.1	6:40	7:19	
11	Tue	12:41	4.4	1:12	4.9	6:47	-0.1	7:33	0.3	6:41	7:17	
12	Wed	1:33	3.9	2:09	4.6	7:41	0.2	8:35	0.6	6:42	7:16	
13	Thu	2:30	3.6	3:10	4.4	8:38	0.5	9:39	0.8	6:42	7:14	
14	Fri	3:33	3.4	4:16	4.2	9:37	0.7	10:43	1.0	6:43	7:13	
15	Sat	4:39	3.3	5:19	4.2	10:36	0.8	11:44	1.0	6:44	7:11	
16	Sun	5:39	3.4	6:12	4.3	11:34	0.8			6:45	7:10	
17	Mon	6:29	3.6	6:57	4.4	12:35	0.9	12:27	0.7	6:46	7:08	
18	Tue	7:12	3.8	7:37	4.5	1:16	0.8	1:13	0.6	6:46	7:07	
19	Wed	7:52	4.1	8:16	4.6	1:51	0.7	1:55	0.5	6:47	7:05	
20	Thu	8:31	4.3	8:54	4.6	2:25	0.6	2:34	0.4	6:48	7:04	
21	Fri	9:11	4.5	9:32	4.6	2:59	0.5	3:13	0.3	6:49	7:02	
22	Sat	9:49	4.6	10:10	4.6	3:33	0.4	3:51	0.4	6:50	7:01	
23	Sun	10:28	4.7	10:48	4.4	4:08	0.5	4:31	0.5	6:51	6:59	
24	Mon	11:08	4.8	11:26	4.3	4:44	0.5	5:12	0.6	6:51	6:57	
25	Tue	11:48	4.8			5:22	0.6	5:57	0.8	6:52	6:56	
26	Wed	12:06	4.1	12:31	4.7	6:03	0.7	6:45	0.9	6:53	6:54	
27	Thu	12:50	3.9	1:19	4.7	6:50	0.8	7:39	1.0	6:54	6:53	
28	Fri	1:39	3.8	2:13	4.7	7:43	0.9	8:38	1.0	6:55	6:51	
29	Sat	2:37	3.7	3:15	4.7	8:42	0.8	9:38	1.0	6:56	6:50	
30	Sun	3:42	3.7	4:20	4.8	9:44	0.7	10:40	0.8	6:57	6:48	