

Great Machipongo Inlet, VA - Oct 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	4:48	3.9	5:23	5.0	10:48	0.5	11:39	0.5	6:57	6:47	
2	Tue	5:50	4.3	6:21	5.2	11:51	0.1			6:58	6:45	
3	Wed	6:47	4.7	7:16	5.3	12:35	0.1	12:52	-0.2	6:59	6:44	
4	Thu	7:41	5.0	8:08	5.3	1:28	-0.2	1:49	-0.5	7:00	6:42	
5	Fri	8:33	5.3	8:58	5.2	2:17	-0.5	2:43	-0.7	7:01	6:41	
6	Sat	9:23	5.5	9:48	5.1	3:04	-0.7	3:35	-0.7	7:02	6:39	
7	Sun	10:14	5.6	10:37	4.8	3:51	-0.7	4:27	-0.6	7:03	6:38	
8	Mon	11:03	5.5	11:26	4.5	4:38	-0.5	5:19	-0.3	7:04	6:36	
9	Tue	11:53	5.3			5:26	-0.3	6:12	0.0	7:05	6:35	
10	Wed	12:15	4.1	12:44	5.0	6:16	0.1	7:08	0.3	7:05	6:33	
11	Thu	1:06	3.8	1:37	4.6	7:09	0.4	8:06	0.7	7:06	6:32	
12	Fri	2:00	3.5	2:34	4.3	8:05	0.7	9:06	0.9	7:07	6:31	
13	Sat	3:00	3.3	3:35	4.1	9:03	0.9	10:06	1.0	7:08	6:29	
14	Sun	4:05	3.3	4:37	4.1	10:03	1.0	11:01	1.1	7:09	6:28	
15	Mon	5:06	3.4	5:33	4.1	11:01	1.0	11:50	1.0	7:10	6:26	
16	Tue	5:57	3.7	6:20	4.2	11:55	0.9			7:11	6:25	
17	Wed	6:42	3.9	7:02	4.3	12:32	0.9	12:43	0.8	7:12	6:24	
18	Thu	7:22	4.2	7:42	4.4	1:10	0.7	1:27	0.6	7:13	6:22	
19	Fri	8:02	4.5	8:21	4.4	1:46	0.6	2:08	0.5	7:14	6:21	
20	Sat	8:41	4.7	9:00	4.4	2:22	0.4	2:48	0.4	7:15	6:20	
21	Sun	9:21	4.9	9:39	4.4	2:58	0.3	3:28	0.3	7:16	6:18	
22	Mon	10:00	5.0	10:19	4.3	3:34	0.3	4:09	0.3	7:17	6:17	
23	Tue	10:41	5.1	11:00	4.2	4:12	0.3	4:51	0.4	7:18	6:16	
24	Wed	11:23	5.1	11:43	4.0	4:53	0.4	5:37	0.5	7:19	6:15	
25	Thu			12:08	5.0	5:36	0.5	6:26	0.6	7:20	6:13	
26	Fri	12:29	3.9	12:57	4.9	6:26	0.6	7:21	0.7	7:21	6:12	
27	Sat	1:21	3.8	1:51	4.8	7:21	0.7	8:18	0.7	7:22	6:11	
28	Sun	1:19	3.7	1:52	4.7	7:23	0.7	8:18	0.7	6:23	5:10	
29	Mon	2:24	3.8	2:57	4.7	8:27	0.6	9:17	0.5	6:24	5:09	
30	Tue	3:31	4.0	4:00	4.7	9:32	0.4	10:15	0.2	6:25	5:07	
31	Wed	4:33	4.3	4:59	4.7	10:37	0.2	11:11	-0.1	6:26	5:06	