

Great Machipongo Inlet, VA - Nov 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	5:30	4.7	5:54	4.8	11:38	-0.1			6:27	5:05	
2	Fri	6:24	5.1	6:46	4.7	12:03	-0.4	12:36	-0.4	6:28	5:04	
3	Sat	7:14	5.4	7:36	4.6	12:52	-0.6	1:30	-0.6	6:29	5:03	
4	Sun	8:04	5.5	8:25	4.5	1:39	-0.7	2:21	-0.6	6:30	5:02	
5	Mon	8:52	5.5	9:13	4.3	2:25	-0.7	3:10	-0.5	6:31	5:01	
6	Tue	9:40	5.4	10:01	4.1	3:11	-0.5	3:59	-0.3	6:32	5:00	
7	Wed	10:28	5.1	10:49	3.8	3:57	-0.3	4:49	0.0	6:33	4:59	
8	Thu	11:16	4.8	11:37	3.6	4:45	0.0	5:40	0.3	6:34	4:58	
9	Fri			12:04	4.5	5:36	0.3	6:33	0.5	6:35	4:57	
10	Sat	12:28	3.4	12:56	4.2	6:29	0.6	7:27	0.8	6:36	4:56	
11	Sun	1:23	3.3	1:51	4.0	7:25	0.9	8:20	0.9	6:37	4:56	
12	Mon	2:23	3.2	2:48	3.8	8:22	1.0	9:10	0.9	6:38	4:55	
13	Tue	3:23	3.4	3:44	3.8	9:20	1.0	9:57	0.9	6:39	4:54	
14	Wed	4:17	3.6	4:35	3.8	10:15	1.0	10:42	0.7	6:40	4:53	
15	Thu	5:05	3.9	5:21	3.9	11:07	0.8	11:24	0.6	6:41	4:52	
16	Fri	5:49	4.2	6:04	4.0	11:55	0.7			6:42	4:52	
17	Sat	6:31	4.5	6:46	4.0	12:05	0.4	12:39	0.5	6:43	4:51	
18	Sun	7:12	4.8	7:28	4.1	12:45	0.2	1:22	0.3	6:45	4:50	
19	Mon	7:53	5.0	8:10	4.1	1:25	0.1	2:05	0.2	6:46	4:50	
20	Tue	8:35	5.1	8:53	4.1	2:05	0.0	2:48	0.1	6:47	4:49	
21	Wed	9:18	5.2	9:37	4.0	2:46	-0.1	3:32	0.1	6:48	4:49	
22	Thu	10:03	5.2	10:24	3.9	3:30	-0.1	4:19	0.1	6:49	4:48	
23	Fri	10:50	5.1	11:12	3.8	4:17	0.0	5:10	0.2	6:50	4:48	
24	Sat	11:40	5.0			5:08	0.1	6:03	0.2	6:51	4:47	
25	Sun	12:05	3.7	12:33	4.8	6:05	0.2	6:59	0.2	6:52	4:47	
26	Mon	1:04	3.7	1:32	4.5	7:07	0.3	7:57	0.2	6:53	4:46	
27	Tue	2:08	3.8	2:34	4.3	8:12	0.3	8:54	0.0	6:54	4:46	
28	Wed	3:14	4.0	3:37	4.2	9:18	0.2	9:51	-0.1	6:55	4:46	
29	Thu	4:17	4.3	4:37	4.1	10:23	0.1	10:46	-0.3	6:56	4:45	
30	Fri	5:15	4.6	5:33	4.1	11:26	-0.1	11:39	-0.5	6:57	4:45	