

Great Machipongo Inlet, VA - Dec 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	6:08	4.9	6:25	4.0			12:24	-0.3	6:58	4:45	
2	Sun	6:58	5.1	7:15	4.0	12:29	-0.7	1:18	-0.5	6:59	4:45	
3	Mon	7:46	5.2	8:04	3.9	1:17	-0.8	2:07	-0.5	6:59	4:45	
4	Tue	8:33	5.1	8:51	3.8	2:03	-0.7	2:53	-0.5	7:00	4:45	
5	Wed	9:19	5.0	9:37	3.6	2:48	-0.6	3:39	-0.3	7:01	4:44	
6	Thu	10:04	4.8	10:23	3.5	3:32	-0.4	4:24	-0.2	7:02	4:44	
7	Fri	10:49	4.6	11:09	3.4	4:17	-0.2	5:10	0.1	7:03	4:44	
8	Sat	11:33	4.3	11:56	3.3	5:04	0.1	5:57	0.3	7:04	4:44	
9	Sun			12:19	4.1	5:53	0.4	6:44	0.5	7:05	4:44	
10	Mon	12:45	3.2	1:08	3.8	6:45	0.6	7:31	0.6	7:05	4:45	
11	Tue	1:39	3.2	1:59	3.6	7:39	0.8	8:18	0.6	7:06	4:45	
12	Wed	2:35	3.3	2:52	3.5	8:34	0.9	9:04	0.6	7:07	4:45	
13	Thu	3:31	3.4	3:46	3.4	9:30	0.9	9:51	0.5	7:08	4:45	
14	Fri	4:23	3.7	4:37	3.5	10:25	0.8	10:37	0.4	7:08	4:45	
15	Sat	5:12	4.0	5:25	3.5	11:18	0.6	11:23	0.2	7:09	4:46	
16	Sun	5:57	4.3	6:11	3.6			12:08	0.4	7:10	4:46	
17	Mon	6:42	4.7	6:57	3.7	12:09	0.0	12:55	0.1	7:10	4:46	
18	Tue	7:27	4.9	7:43	3.8	12:54	-0.3	1:42	-0.1	7:11	4:47	
19	Wed	8:12	5.1	8:29	3.9	1:39	-0.5	2:27	-0.3	7:12	4:47	
20	Thu	8:59	5.2	9:17	3.9	2:25	-0.6	3:14	-0.4	7:12	4:47	
21	Fri	9:46	5.2	10:06	3.9	3:12	-0.6	4:02	-0.4	7:13	4:48	
22	Sat	10:34	5.1	10:57	3.9	4:01	-0.6	4:52	-0.4	7:13	4:48	
23	Sun	11:24	4.9	11:50	3.8	4:54	-0.5	5:44	-0.4	7:14	4:49	
24	Mon			12:16	4.6	5:52	-0.3	6:38	-0.3	7:14	4:49	
25	Tue	12:47	3.8	1:11	4.3	6:53	-0.1	7:33	-0.3	7:15	4:50	
26	Wed	1:49	3.8	2:11	4.0	7:57	0.0	8:29	-0.3	7:15	4:51	
27	Thu	2:54	3.9	3:13	3.7	9:03	0.0	9:25	-0.4	7:15	4:51	
28	Fri	3:58	4.1	4:15	3.5	10:09	0.0	10:22	-0.5	7:16	4:52	
29	Sat	4:59	4.3	5:14	3.4	11:14	-0.1	11:17	-0.6	7:16	4:53	
30	Sun	5:53	4.5	6:07	3.4			12:14	-0.2	7:16	4:53	
31	Mon	6:43	4.6	6:57	3.4	12:09	-0.7	1:06	-0.3	7:16	4:54	