US HARBORS www.USHarbors.com

Great Machipongo Inlet, VA - Aug 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	12:30	4.9	1:00	4.6	6:44	-0.3	7:08	0.0	6:07	8:10	
2	Sat	1:21	4.6	1:57	4.6	7:36	-0.2	8:10	0.2	6:08	8:09	
3	Sun	2:17	4.2	2:57	4.6	8:31	-0.1	9:14	0.4	6:09	8:08	
4	Mon	3:17	3.8	4:02	4.6	9:27	0.0	10:21	0.4	6:09	8:07	
5	Tue	4:21	3.6	5:07	4.6	10:25	0.0	11:27	0.5	6:10	8:06	
6	Wed	5:25	3.5	6:07	4.7	11:24	0.0			6:11	8:05	
7	Thu	6:24	3.5	7:02	4.8	12:31	0.4	12:22	0.0	6:12	8:04	
8	Fri	7:17	3.6	7:51	4.8	1:27	0.3	1:16	-0.1	6:13	8:03	
9	Sat	8:06	3.7	8:36	4.9	2:15	0.2	2:05	-0.1	6:14	8:02	
10	Sun	8:51	3.8	9:19	4.8	2:58	0.1	2:50	-0.2	6:15	8:01	
11	Mon	9:34	3.9	10:00	4.8	3:36	0.1	3:33	-0.1	6:15	7:59	
12	Tue	10:16	4.0	10:40	4.7	4:13	0.1	4:14	0.0	6:16	7:58	
13	Wed	10:58	4.0	11:19	4.5	4:50	0.2	4:56	0.2	6:17	7:57	
14	Thu	11:39	4.1	11:59	4.3	5:27	0.4	5:38	0.4	6:18	7:56	
15	Fri			12:21	4.0	6:05	0.5	6:22	0.7	6:19	7:55	
16	Sat	12:39	4.1	1:04	4.0	6:45	0.7	7:09	0.9	6:20	7:53	
17	Sun	1:21	3.8	1:50	4.0	7:27	0.8	8:00	1.1	6:20	7:52	
18	Mon	2:06	3.6	2:41	4.0	8:12	0.9	8:53	1.2	6:21	7:51	
19	Tue	2:58	3.4	3:36	4.1	9:00	1.0	9:49	1.3	6:22	7:50	
20	Wed	3:54	3.4	4:34	4.3	9:53	0.9	10:47	1.2	6:23	7:48	
21	Thu	4:52	3.5	5:30	4.5	10:48	0.8	11:44	1.0	6:24	7:47	
22	Fri	5:48	3.6	6:24	4.8	11:44	0.6			6:25	7:45	
23	Sat	6:42	3.9	7:14	5.2	12:39	0.7	12:39	0.2	6:26	7:44	
24	Sun	7:33	4.2	8:04	5.4	1:30	0.4	1:32	-0.1	6:26	7:43	
25	Mon	8:23	4.5	8:53	5.6	2:19	0.0	2:24	-0.4	6:27	7:41	
26	Tue	9:13	4.8	9:42	5.6	3:06	-0.3	3:15	-0.6	6:28	7:40	
27	Wed	10:04	5.0	10:30	5.5	3:52	-0.4	4:07	-0.6	6:29	7:39	
28	Thu	10:55	5.1	11:19	5.2	4:39	-0.5	4:59	-0.6	6:30	7:37	
29	Fri	11:46	5.2			5:27	-0.5	5:55	-0.4	6:31	7:36	
30	Sat	12:09	4.9	12:39	5.1	6:17	-0.3	6:53	-0.1	6:31	7:34	
31	Sun	1:01	4.5	1:35	5.0	7:10	-0.1	7:55	0.2	6:32	7:33	