

Great Machipongo Inlet, VA - Jan 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	2:52	3.4	3:06	2.9	9:00	0.9	9:05	0.5	7:17	4:55	
2	Mon	3:47	3.6	4:00	2.9	9:58	0.8	9:54	0.4	7:17	4:56	
3	Tue	4:40	3.9	4:53	2.9	10:55	0.7	10:45	0.3	7:17	4:57	
4	Wed	5:31	4.2	5:44	3.0	11:50	0.5	11:36	0.0	7:17	4:58	
5	Thu	6:20	4.5	6:32	3.1			12:40	0.3	7:17	4:59	
6	Fri	7:08	4.7	7:21	3.3	12:26	-0.2	1:28	0.0	7:17	5:00	
7	Sat	7:56	5.0	8:09	3.5	1:15	-0.5	2:14	-0.2	7:17	5:01	
8	Sun	8:43	5.1	8:58	3.6	2:04	-0.7	3:00	-0.4	7:17	5:01	
9	Mon	9:30	5.1	9:47	3.7	2:52	-0.9	3:45	-0.5	7:17	5:02	
10	Tue	10:17	5.0	10:37	3.9	3:43	-0.9	4:32	-0.6	7:17	5:03	
11	Wed	11:05	4.8	11:29	4.0	4:36	-0.7	5:19	-0.6	7:17	5:04	
12	Thu	11:53	4.4			5:32	-0.5	6:08	-0.5	7:16	5:05	
13	Fri	12:23	4.0	12:44	3.9	6:32	-0.3	6:59	-0.5	7:16	5:06	
14	Sat	1:21	4.0	1:39	3.5	7:35	-0.1	7:52	-0.4	7:16	5:07	
15	Sun	2:23	4.0	2:40	3.1	8:42	0.1	8:47	-0.3	7:15	5:08	
16	Mon	3:29	4.1	3:45	2.9	9:51	0.2	9:45	-0.3	7:15	5:09	
17	Tue	4:35	4.2	4:48	2.8	11:01	0.2	10:45	-0.3	7:15	5:10	
18	Wed	5:35	4.3	5:47	2.8			12:06	0.1	7:14	5:11	
19	Thu	6:30	4.3	6:39	2.9			1:00	0.0	7:14	5:13	
20	Fri	7:20	4.4	7:27	3.0	12:37	-0.5	1:46	-0.1	7:13	5:14	
21	Sat	8:05	4.4	8:12	3.1	1:26	-0.6	2:26	-0.1	7:13	5:15	
22	Sun	8:47	4.4	8:55	3.2	2:10	-0.6	3:04	-0.1	7:12	5:16	
23	Mon	9:26	4.3	9:37	3.3	2:52	-0.6	3:39	-0.1	7:12	5:17	
24	Tue	10:04	4.2	10:17	3.4	3:33	-0.4	4:14	-0.1	7:11	5:18	
25	Wed	10:42	4.0	10:58	3.4	4:14	-0.2	4:49	0.0	7:11	5:19	
26	Thu	11:19	3.7	11:39	3.5	4:57	0.0	5:25	0.2	7:10	5:20	
27	Fri	11:57	3.5			5:41	0.2	6:03	0.3	7:09	5:21	
28	Sat	12:22	3.5	12:38	3.2	6:29	0.5	6:43	0.4	7:08	5:22	
29	Sun	1:09	3.5	1:23	2.9	7:20	0.7	7:27	0.5	7:08	5:23	
30	Mon	2:01	3.5	2:15	2.8	8:16	0.8	8:16	0.5	7:07	5:24	
31	Tue	2:59	3.6	3:14	2.7	9:15	0.9	9:10	0.4	7:06	5:26	