

Great Machipongo Inlet, VA - Jul 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	7:25	3.4	8:02	5.2	1:39	0.1	1:21	-0.3	5:45	8:27	
2	Sun	8:18	3.4	8:54	5.2	2:33	0.0	2:14	-0.4	5:46	8:27	
3	Mon	9:10	3.5	9:43	5.1	3:22	-0.1	3:04	-0.4	5:46	8:27	
4	Tue	9:59	3.5	10:30	5.0	4:07	-0.1	3:53	-0.3	5:47	8:27	
5	Wed	10:47	3.6	11:15	4.8	4:51	0.0	4:40	-0.2	5:47	8:27	
6	Thu	11:33	3.6	11:57	4.5	5:34	0.1	5:27	0.1	5:48	8:26	
7	Fri			12:18	3.6	6:15	0.3	6:15	0.3	5:48	8:26	
8	Sat	12:39	4.2	1:03	3.6	6:56	0.4	7:05	0.6	5:49	8:26	
9	Sun	1:21	3.9	1:50	3.6	7:36	0.6	7:57	0.9	5:50	8:26	
10	Mon	2:05	3.6	2:40	3.7	8:17	0.7	8:51	1.0	5:50	8:25	
11	Tue	2:53	3.3	3:33	3.8	9:00	0.8	9:46	1.2	5:51	8:25	
12	Wed	3:45	3.1	4:28	3.9	9:45	0.8	10:42	1.2	5:52	8:24	
13	Thu	4:40	3.0	5:21	4.1	10:33	0.8	11:39	1.1	5:52	8:24	
14	Fri	5:35	3.0	6:13	4.3	11:24	0.7			5:53	8:24	
15	Sat	6:26	3.1	7:02	4.6	12:34	1.0	12:15	0.6	5:54	8:23	
16	Sun	7:15	3.3	7:49	4.9	1:25	0.8	1:06	0.3	5:54	8:23	
17	Mon	8:03	3.5	8:36	5.1	2:11	0.6	1:56	0.1	5:55	8:22	
18	Tue	8:51	3.6	9:22	5.2	2:56	0.3	2:43	-0.1	5:56	8:21	
19	Wed	9:38	3.8	10:07	5.3	3:39	0.1	3:31	-0.2	5:56	8:21	
20	Thu	10:26	4.0	10:53	5.3	4:22	0.0	4:20	-0.3	5:57	8:20	
21	Fri	11:15	4.2	11:38	5.1	5:06	-0.1	5:11	-0.2	5:58	8:19	
22	Sat			12:04	4.4	5:51	-0.2	6:05	-0.1	5:59	8:19	
23	Sun	12:25	4.8	12:55	4.5	6:37	-0.2	7:03	0.1	6:00	8:18	
24	Mon	1:13	4.4	1:49	4.6	7:26	-0.1	8:04	0.3	6:00	8:17	
25	Tue	2:06	3.9	2:48	4.6	8:17	0.0	9:08	0.5	6:01	8:17	
26	Wed	3:04	3.6	3:52	4.6	9:12	0.1	10:16	0.6	6:02	8:16	
27	Thu	4:08	3.3	4:58	4.7	10:09	0.1	11:25	0.6	6:03	8:15	
28	Fri	5:13	3.2	6:01	4.8	11:10	0.1			6:04	8:14	
29	Sat	6:16	3.2	7:00	4.9	12:32	0.5	12:11	0.0	6:04	8:13	
30	Sun	7:13	3.3	7:53	4.9	1:31	0.4	1:09	-0.1	6:05	8:12	
31	Mon	8:05	3.4	8:41	4.9	2:21	0.3	2:02	-0.2	6:06	8:11	