

Great Machipongo Inlet, VA - Apr 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:32	4.7	1:56	3.2	8:03	0.1	8:00	0.0	6:48	7:25	
2	Mon	2:36	4.4	3:02	3.1	9:09	0.4	9:06	0.2	6:46	7:26	
3	Tue	3:48	4.1	4:16	3.0	10:16	0.5	10:15	0.2	6:45	7:27	
4	Wed	5:00	4.0	5:26	3.2	11:21	0.5	11:23	0.2	6:43	7:27	
5	Thu	6:03	4.0	6:24	3.5			12:17	0.4	6:42	7:28	
6	Fri	6:54	3.9	7:11	3.7	12:26	0.1	1:03	0.2	6:40	7:29	
7	Sat	7:37	3.9	7:52	4.0	1:19	0.0	1:42	0.1	6:39	7:30	
8	Sun	8:16	3.9	8:31	4.2	2:05	-0.1	2:17	0.1	6:37	7:31	
9	Mon	8:53	3.8	9:08	4.4	2:46	-0.2	2:50	0.0	6:36	7:32	
10	Tue	9:30	3.7	9:46	4.5	3:24	-0.1	3:24	0.1	6:35	7:33	
11	Wed	10:08	3.7	10:25	4.5	4:02	-0.1	3:58	0.1	6:33	7:34	
12	Thu	10:46	3.5	11:04	4.5	4:39	0.1	4:33	0.3	6:32	7:35	
13	Fri	11:24	3.4	11:44	4.4	5:18	0.3	5:10	0.4	6:30	7:35	
14	Sat			12:04	3.3	6:00	0.5	5:51	0.6	6:29	7:36	
15	Sun	12:26	4.2	12:45	3.1	6:45	0.8	6:35	0.7	6:28	7:37	
16	Mon	1:12	4.1	1:31	3.0	7:34	0.9	7:26	0.9	6:26	7:38	
17	Tue	2:03	4.0	2:24	3.0	8:26	1.0	8:22	0.9	6:25	7:39	
18	Wed	2:59	3.9	3:24	3.1	9:21	1.0	9:22	0.8	6:23	7:40	
19	Thu	3:59	4.0	4:26	3.4	10:15	0.9	10:24	0.6	6:22	7:41	
20	Fri	4:57	4.1	5:24	3.8	11:07	0.6	11:25	0.4	6:21	7:42	
21	Sat	5:52	4.2	6:18	4.3	11:58	0.3			6:19	7:43	
22	Sun	6:44	4.3	7:09	4.8	12:25	0.0	12:47	0.0	6:18	7:44	
23	Mon	7:34	4.4	7:59	5.2	1:22	-0.3	1:35	-0.4	6:17	7:44	
24	Tue	8:24	4.4	8:49	5.5	2:16	-0.6	2:22	-0.6	6:16	7:45	
25	Wed	9:14	4.3	9:40	5.7	3:09	-0.8	3:10	-0.8	6:14	7:46	
26	Thu	10:05	4.2	10:32	5.7	4:01	-0.8	3:58	-0.8	6:13	7:47	
27	Fri	10:57	4.0	11:25	5.5	4:54	-0.7	4:49	-0.7	6:12	7:48	
28	Sat	11:49	3.8			5:49	-0.4	5:44	-0.4	6:11	7:49	
29	Sun	12:20	5.2	12:44	3.6	6:47	-0.1	6:42	-0.2	6:09	7:50	
30	Mon	1:17	4.8	1:43	3.4	7:48	0.1	7:45	0.1	6:08	7:51	