

Great Machipongo Inlet, VA - Aug 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:01	2.9	5:45	4.1	10:52	0.9			6:07	8:11	
2	Thu	5:55	3.0	6:36	4.3	12:09	1.2	11:46 AM	0.8	6:07	8:10	
3	Fri	6:46	3.2	7:22	4.6	1:00	1.1	12:37	0.6	6:08	8:09	
4	Sat	7:33	3.4	8:06	4.8	1:43	0.9	1:26	0.4	6:09	8:08	
5	Sun	8:17	3.6	8:48	4.9	2:23	0.7	2:11	0.2	6:10	8:07	
6	Mon	9:01	3.9	9:29	5.0	3:01	0.5	2:55	0.1	6:11	8:06	
7	Tue	9:45	4.1	10:09	5.0	3:39	0.3	3:39	0.0	6:12	8:05	
8	Wed	10:28	4.3	10:50	4.9	4:17	0.1	4:24	0.0	6:13	8:03	
9	Thu	11:11	4.5	11:31	4.7	4:56	0.1	5:11	0.1	6:13	8:02	
10	Fri	11:57	4.7			5:37	0.0	6:02	0.2	6:14	8:01	
11	Sat	12:15	4.4	12:45	4.7	6:21	0.1	6:57	0.4	6:15	8:00	
12	Sun	1:01	4.1	1:37	4.8	7:09	0.1	7:57	0.6	6:16	7:59	
13	Mon	1:53	3.8	2:36	4.8	8:01	0.2	9:01	0.7	6:17	7:58	
14	Tue	2:52	3.5	3:41	4.8	8:59	0.3	10:08	0.8	6:18	7:56	
15	Wed	3:59	3.3	4:50	4.8	10:01	0.2	11:17	0.7	6:18	7:55	
16	Thu	5:08	3.3	5:56	4.9	11:06	0.2			6:19	7:54	
17	Fri	6:13	3.5	6:56	5.0	12:23	0.6	12:11	0.0	6:20	7:53	
18	Sat	7:12	3.7	7:50	5.1	1:21	0.3	1:11	-0.2	6:21	7:51	
19	Sun	8:05	3.9	8:39	5.1	2:12	0.1	2:06	-0.3	6:22	7:50	
20	Mon	8:55	4.2	9:24	5.0	2:56	0.0	2:57	-0.4	6:23	7:49	
21	Tue	9:42	4.3	10:07	4.9	3:37	-0.1	3:44	-0.3	6:24	7:47	
22	Wed	10:26	4.5	10:48	4.6	4:16	-0.1	4:30	-0.2	6:24	7:46	
23	Thu	11:09	4.5	11:29	4.3	4:54	0.0	5:15	0.1	6:25	7:45	
24	Fri	11:51	4.5			5:31	0.2	6:01	0.4	6:26	7:43	
25	Sat	12:09	4.0	12:34	4.4	6:10	0.4	6:49	0.7	6:27	7:42	
26	Sun	12:50	3.6	1:20	4.2	6:51	0.7	7:39	1.0	6:28	7:41	
27	Mon	1:34	3.4	2:09	4.1	7:36	0.9	8:33	1.3	6:29	7:39	
28	Tue	2:24	3.1	3:06	4.0	8:25	1.1	9:30	1.5	6:29	7:38	
29	Wed	3:21	3.0	4:07	4.0	9:19	1.1	10:29	1.5	6:30	7:36	
30	Thu	4:22	3.0	5:08	4.2	10:16	1.1	11:27	1.5	6:31	7:35	
31	Fri	5:22	3.2	6:03	4.4	11:13	1.0			6:32	7:33	