

Great Machipongo Inlet, VA - Jan 1996

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	5:14	3.9	5:21	3.0	11:33	0.3	11:22	-0.1	7:17	4:55	
2	Tue	6:00	4.0	6:07	3.1			12:23	0.3	7:17	4:56	
3	Wed	6:42	4.1	6:50	3.1	12:08	-0.1	1:05	0.2	7:17	4:56	
4	Thu	7:23	4.3	7:32	3.2	12:50	-0.2	1:43	0.1	7:17	4:57	
5	Fri	8:03	4.4	8:14	3.3	1:30	-0.3	2:19	0.0	7:17	4:58	
6	Sat	8:43	4.4	8:55	3.4	2:09	-0.3	2:55	0.0	7:17	4:59	
7	Sun	9:22	4.4	9:36	3.4	2:48	-0.3	3:32	0.0	7:17	5:00	
8	Mon	10:01	4.4	10:17	3.5	3:28	-0.2	4:09	0.1	7:17	5:01	
9	Tue	10:39	4.3	10:57	3.5	4:08	-0.1	4:48	0.1	7:17	5:02	
10	Wed	11:18	4.1	11:40	3.5	4:51	0.1	5:29	0.2	7:17	5:03	
11	Thu	11:59	3.9			5:37	0.3	6:12	0.2	7:17	5:04	
12	Fri	12:25	3.6	12:43	3.7	6:28	0.4	6:58	0.2	7:16	5:05	
13	Sat	1:16	3.6	1:34	3.6	7:24	0.4	7:48	0.1	7:16	5:06	
14	Sun	2:13	3.8	2:31	3.4	8:24	0.4	8:41	0.0	7:16	5:07	
15	Mon	3:14	4.0	3:32	3.4	9:27	0.3	9:38	-0.2	7:16	5:08	
16	Tue	4:16	4.3	4:34	3.5	10:30	0.1	10:37	-0.5	7:15	5:09	
17	Wed	5:15	4.7	5:33	3.6	11:33	-0.2	11:36	-0.8	7:15	5:10	
18	Thu	6:12	5.0	6:30	3.8			12:32	-0.5	7:15	5:11	
19	Fri	7:08	5.2	7:26	3.9	12:33	-1.1	1:26	-0.8	7:14	5:12	
20	Sat	8:01	5.3	8:20	4.1	1:29	-1.4	2:18	-1.1	7:14	5:13	
21	Sun	8:53	5.3	9:14	4.2	2:22	-1.5	3:08	-1.2	7:13	5:14	
22	Mon	9:44	5.1	10:06	4.2	3:15	-1.5	3:57	-1.2	7:13	5:15	
23	Tue	10:33	4.8	10:57	4.1	4:08	-1.3	4:46	-1.0	7:12	5:16	
24	Wed	11:22	4.4	11:49	4.0	5:02	-1.0	5:36	-0.8	7:12	5:17	
25	Thu			12:11	4.0	5:58	-0.6	6:27	-0.6	7:11	5:18	
26	Fri	12:42	3.8	1:02	3.5	6:55	-0.2	7:18	-0.3	7:10	5:19	
27	Sat	1:39	3.6	1:55	3.2	7:55	0.1	8:10	-0.1	7:10	5:20	
28	Sun	2:39	3.5	2:53	2.9	8:56	0.4	9:03	0.0	7:09	5:22	
29	Mon	3:41	3.5	3:53	2.8	9:59	0.5	9:56	0.1	7:08	5:23	
30	Tue	4:40	3.6	4:48	2.8	11:00	0.5	10:49	0.1	7:07	5:24	
31	Wed	5:31	3.7	5:38	2.9	11:53	0.5	11:39	0.0	7:07	5:25	