

Great Machipongo Inlet, VA - Jul 1996

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	9:12	4.3	9:43	5.8	3:10	-0.5	3:10	-0.9	5:45	8:27	
2	Tue	10:06	4.4	10:35	5.7	4:01	-0.7	4:03	-0.9	5:46	8:27	
3	Wed	11:00	4.4	11:27	5.5	4:52	-0.7	4:58	-0.8	5:46	8:27	
4	Thu	11:54	4.4			5:44	-0.7	5:54	-0.6	5:47	8:27	
5	Fri	12:19	5.1	12:49	4.4	6:37	-0.6	6:53	-0.3	5:47	8:27	
6	Sat	1:11	4.7	1:46	4.3	7:30	-0.4	7:54	0.0	5:48	8:26	
7	Sun	2:05	4.2	2:46	4.2	8:24	-0.2	8:58	0.3	5:49	8:26	
8	Mon	3:03	3.8	3:48	4.2	9:18	-0.1	10:02	0.4	5:49	8:26	
9	Tue	4:03	3.5	4:51	4.2	10:12	0.1	11:07	0.5	5:50	8:25	
10	Wed	5:03	3.3	5:48	4.3	11:05	0.2			5:50	8:25	
11	Thu	5:59	3.2	6:38	4.3	12:09	0.6	11:57 AM	0.2	5:51	8:25	
12	Fri	6:49	3.3	7:23	4.4	1:04	0.5	12:46	0.2	5:52	8:24	
13	Sat	7:34	3.3	8:05	4.5	1:51	0.4	1:32	0.1	5:52	8:24	
14	Sun	8:18	3.4	8:46	4.6	2:30	0.4	2:15	0.1	5:53	8:23	
15	Mon	9:00	3.6	9:26	4.7	3:07	0.3	2:55	0.1	5:54	8:23	
16	Tue	9:42	3.7	10:06	4.7	3:43	0.3	3:35	0.1	5:55	8:22	
17	Wed	10:23	3.7	10:45	4.6	4:19	0.3	4:15	0.2	5:55	8:22	
18	Thu	11:04	3.8	11:24	4.5	4:55	0.3	4:55	0.3	5:56	8:21	
19	Fri	11:45	3.9			5:33	0.4	5:37	0.5	5:57	8:21	
20	Sat	12:02	4.4	12:26	3.9	6:11	0.5	6:22	0.7	5:57	8:20	
21	Sun	12:42	4.2	1:10	3.9	6:52	0.5	7:11	0.8	5:58	8:19	
22	Mon	1:24	4.0	1:57	4.0	7:35	0.6	8:03	0.9	5:59	8:19	
23	Tue	2:11	3.8	2:49	4.2	8:22	0.6	9:00	0.9	6:00	8:18	
24	Wed	3:04	3.7	3:47	4.3	9:13	0.5	10:00	0.9	6:01	8:17	
25	Thu	4:03	3.6	4:47	4.6	10:08	0.3	11:01	0.7	6:01	8:16	
26	Fri	5:04	3.7	5:46	4.9	11:05	0.1			6:02	8:16	
27	Sat	6:04	3.8	6:43	5.3	12:03	0.4	12:04	-0.2	6:03	8:15	
28	Sun	7:02	4.1	7:38	5.5	1:02	0.1	1:03	-0.5	6:04	8:14	
29	Mon	7:57	4.3	8:31	5.7	1:57	-0.2	1:59	-0.7	6:05	8:13	
30	Tue	8:52	4.5	9:24	5.7	2:50	-0.5	2:54	-0.9	6:05	8:12	
31	Wed	9:47	4.7	10:16	5.6	3:40	-0.7	3:48	-1.0	6:06	8:11	