

Great Machipongo Inlet, VA - Jan 1997

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	1:15	3.3	1:32	3.5	7:16	0.7	7:45	0.5	7:17	4:55	
2	Thu	2:08	3.4	2:24	3.4	8:11	0.7	8:33	0.4	7:17	4:56	
3	Fri	3:04	3.6	3:19	3.3	9:08	0.7	9:24	0.2	7:17	4:57	
4	Sat	4:00	3.9	4:15	3.4	10:07	0.6	10:16	0.0	7:17	4:58	
5	Sun	4:54	4.2	5:10	3.5	11:05	0.3	11:10	-0.3	7:17	4:59	
6	Mon	5:47	4.6	6:03	3.6			12:02	0.0	7:17	5:00	
7	Tue	6:38	5.0	6:55	3.8	12:03	-0.6	12:55	-0.3	7:17	5:01	
8	Wed	7:29	5.2	7:47	3.9	12:55	-0.9	1:46	-0.6	7:17	5:02	
9	Thu	8:20	5.4	8:39	4.1	1:47	-1.1	2:36	-0.9	7:17	5:02	
10	Fri	9:11	5.4	9:32	4.1	2:38	-1.3	3:26	-1.0	7:17	5:03	
11	Sat	10:02	5.3	10:24	4.2	3:30	-1.3	4:16	-1.0	7:16	5:04	
12	Sun	10:52	5.0	11:18	4.1	4:24	-1.1	5:08	-0.9	7:16	5:05	
13	Mon	11:43	4.6			5:21	-0.9	6:00	-0.8	7:16	5:06	
14	Tue	12:13	4.0	12:36	4.2	6:20	-0.6	6:55	-0.7	7:16	5:07	
15	Wed	1:11	3.9	1:32	3.7	7:23	-0.3	7:50	-0.5	7:15	5:08	
16	Thu	2:14	3.8	2:32	3.4	8:27	0.0	8:46	-0.4	7:15	5:09	
17	Fri	3:20	3.8	3:35	3.1	9:34	0.1	9:42	-0.3	7:15	5:10	
18	Sat	4:24	3.8	4:36	3.0	10:40	0.2	10:38	-0.3	7:14	5:12	
19	Sun	5:21	3.9	5:30	3.0	11:42	0.1	11:32	-0.3	7:14	5:13	
20	Mon	6:11	4.0	6:19	3.0			12:34	0.1	7:13	5:14	
21	Tue	6:55	4.1	7:03	3.1	12:20	-0.4	1:18	0.0	7:13	5:15	
22	Wed	7:36	4.2	7:45	3.2	1:04	-0.4	1:56	-0.1	7:12	5:16	
23	Thu	8:16	4.3	8:27	3.3	1:45	-0.5	2:31	-0.1	7:12	5:17	
24	Fri	8:55	4.3	9:07	3.4	2:25	-0.5	3:07	-0.1	7:11	5:18	
25	Sat	9:34	4.3	9:48	3.5	3:03	-0.4	3:42	-0.1	7:11	5:19	
26	Sun	10:12	4.2	10:28	3.5	3:43	-0.3	4:19	0.0	7:10	5:20	
27	Mon	10:50	4.0	11:08	3.5	4:23	-0.1	4:56	0.1	7:09	5:21	
28	Tue	11:28	3.8	11:50	3.5	5:05	0.1	5:35	0.2	7:08	5:22	
29	Wed			12:08	3.6	5:51	0.3	6:17	0.3	7:08	5:23	
30	Thu	12:35	3.5	12:52	3.4	6:40	0.5	7:02	0.3	7:07	5:25	
31	Fri	1:25	3.6	1:42	3.3	7:34	0.6	7:51	0.3	7:06	5:26	