

Great Machipongo Inlet, VA - Mar 1997

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	12:50	3.9	1:10	3.4	7:06	0.5	7:17	0.3	6:33	5:56	
2	Sun	1:45	4.0	2:07	3.3	8:04	0.5	8:14	0.2	6:32	5:57	
3	Mon	2:48	4.1	3:11	3.3	9:06	0.5	9:15	0.1	6:30	5:58	
4	Tue	3:53	4.3	4:15	3.4	10:09	0.3	10:18	-0.2	6:29	5:59	
5	Wed	4:55	4.5	5:16	3.7	11:11	0.0	11:20	-0.6	6:27	6:00	
6	Thu	5:53	4.8	6:14	4.1			12:08	-0.4	6:26	6:01	
7	Fri	6:48	5.0	7:08	4.4	12:20	-0.9	1:01	-0.7	6:25	6:02	
8	Sat	7:41	5.1	8:01	4.7	1:16	-1.2	1:51	-1.0	6:23	6:03	
9	Sun	8:32	5.1	8:53	4.9	2:09	-1.4	2:39	-1.1	6:22	6:04	
10	Mon	9:21	4.9	9:44	4.9	3:01	-1.4	3:26	-1.2	6:20	6:05	
11	Tue	10:10	4.6	10:34	4.8	3:53	-1.3	4:14	-1.0	6:19	6:06	
12	Wed	10:59	4.3	11:24	4.6	4:46	-1.0	5:03	-0.8	6:17	6:07	
13	Thu	11:48	3.9			5:41	-0.6	5:53	-0.5	6:16	6:08	
14	Fri	12:16	4.3	12:39	3.5	6:37	-0.2	6:47	-0.1	6:14	6:09	
15	Sat	1:11	4.0	1:34	3.1	7:36	0.2	7:42	0.1	6:13	6:10	
16	Sun	2:11	3.8	2:35	3.0	8:38	0.5	8:41	0.3	6:11	6:11	
17	Mon	3:16	3.6	3:39	2.9	9:40	0.6	9:40	0.4	6:10	6:11	
18	Tue	4:20	3.6	4:38	3.0	10:40	0.6	10:39	0.4	6:08	6:12	
19	Wed	5:15	3.7	5:28	3.2	11:32	0.6	11:31	0.3	6:07	6:13	
20	Thu	6:01	3.8	6:13	3.5			12:14	0.5	6:05	6:14	
21	Fri	6:42	4.0	6:54	3.7	12:18	0.1	12:51	0.3	6:04	6:15	
22	Sat	7:21	4.1	7:34	4.0	1:00	0.0	1:26	0.2	6:02	6:16	
23	Sun	7:59	4.1	8:13	4.2	1:39	-0.1	2:00	0.1	6:01	6:17	
24	Mon	8:37	4.2	8:52	4.3	2:18	-0.2	2:35	0.0	5:59	6:18	
25	Tue	9:16	4.1	9:31	4.4	2:57	-0.2	3:11	0.0	5:58	6:19	
26	Wed	9:54	4.1	10:11	4.5	3:36	-0.1	3:48	0.1	5:56	6:20	
27	Thu	10:32	3.9	10:51	4.5	4:18	0.0	4:27	0.2	5:55	6:21	
28	Fri	11:13	3.8	11:35	4.4	5:03	0.2	5:09	0.3	5:53	6:21	
29	Sat	11:57	3.6			5:51	0.3	5:57	0.3	5:52	6:22	
30	Sun	12:24	4.4	12:48	3.5	6:45	0.4	6:52	0.4	5:50	6:23	
31	Mon	1:20	4.3	1:46	3.4	7:43	0.5	7:52	0.3	5:49	6:24	