

Great Machipongo Inlet, VA - Jan 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	3:47	3.5	3:58	2.9	9:59	0.6	9:59	0.3	7:17	4:55	
2	Fri	4:39	3.6	4:49	2.8	10:58	0.6	10:45	0.3	7:17	4:56	
3	Sat	5:26	3.8	5:36	2.8	11:51	0.6	11:30	0.2	7:17	4:57	
4	Sun	6:10	4.0	6:20	2.9			12:36	0.5	7:17	4:57	
5	Mon	6:53	4.2	7:03	3.0	12:14	0.1	1:17	0.4	7:17	4:58	
6	Tue	7:35	4.4	7:46	3.1	12:56	0.0	1:56	0.3	7:17	4:59	
7	Wed	8:17	4.5	8:28	3.1	1:37	-0.1	2:34	0.2	7:17	5:00	
8	Thu	8:58	4.5	9:09	3.2	2:18	-0.2	3:12	0.2	7:17	5:01	
9	Fri	9:39	4.6	9:51	3.2	2:58	-0.2	3:52	0.1	7:17	5:02	
10	Sat	10:19	4.5	10:33	3.3	3:40	-0.2	4:32	0.1	7:17	5:03	
11	Sun	10:59	4.4	11:17	3.4	4:24	-0.1	5:14	0.1	7:17	5:04	
12	Mon	11:41	4.2			5:12	0.0	5:57	0.1	7:16	5:05	
13	Tue	12:04	3.5	12:25	4.0	6:05	0.1	6:43	0.0	7:16	5:06	
14	Wed	12:56	3.6	1:15	3.7	7:03	0.2	7:31	0.0	7:16	5:07	
15	Thu	1:53	3.8	2:12	3.4	8:06	0.3	8:23	-0.1	7:16	5:08	
16	Fri	2:55	4.0	3:14	3.2	9:11	0.2	9:19	-0.2	7:15	5:09	
17	Sat	3:59	4.3	4:17	3.1	10:19	0.1	10:18	-0.4	7:15	5:10	
18	Sun	5:01	4.6	5:19	3.1	11:25	-0.1	11:18	-0.6	7:15	5:11	
19	Mon	6:01	4.8	6:18	3.2			12:27	-0.3	7:14	5:12	
20	Tue	6:58	5.0	7:14	3.3	12:17	-0.9	1:24	-0.5	7:14	5:13	
21	Wed	7:53	5.1	8:08	3.5	1:13	-1.1	2:16	-0.6	7:13	5:14	
22	Thu	8:45	5.1	9:00	3.5	2:06	-1.2	3:04	-0.7	7:13	5:15	
23	Fri	9:35	5.0	9:50	3.6	2:58	-1.2	3:51	-0.7	7:12	5:16	
24	Sat	10:21	4.7	10:39	3.6	3:48	-1.0	4:37	-0.6	7:12	5:17	
25	Sun	11:06	4.3	11:27	3.6	4:39	-0.7	5:21	-0.4	7:11	5:18	
26	Mon	11:50	3.9			5:30	-0.4	6:05	-0.2	7:10	5:19	
27	Tue	12:15	3.5	12:35	3.5	6:23	0.0	6:49	0.0	7:10	5:20	
28	Wed	1:04	3.4	1:22	3.1	7:18	0.3	7:34	0.2	7:09	5:22	
29	Thu	1:57	3.4	2:13	2.8	8:15	0.5	8:20	0.3	7:08	5:23	
30	Fri	2:54	3.4	3:09	2.6	9:13	0.7	9:08	0.4	7:07	5:24	
31	Sat	3:53	3.5	4:06	2.6	10:14	0.8	10:00	0.4	7:07	5:25	