

Great Machipongo Inlet, VA - Mar 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	4:09	3.6	4:24	2.7	10:28	1.0	10:16	0.6	6:33	5:57	
2	Tue	5:06	3.8	5:18	2.9	11:25	0.9	11:12	0.4	6:31	5:58	
3	Wed	5:57	4.0	6:07	3.1			12:13	0.7	6:30	5:59	
4	Thu	6:42	4.3	6:52	3.4	12:03	0.1	12:55	0.4	6:28	5:59	
5	Fri	7:25	4.5	7:36	3.7	12:50	-0.2	1:34	0.1	6:27	6:00	
6	Sat	8:06	4.6	8:19	4.0	1:36	-0.4	2:12	-0.1	6:26	6:01	
7	Sun	8:47	4.7	9:03	4.3	2:20	-0.6	2:51	-0.3	6:24	6:02	
8	Mon	9:29	4.6	9:46	4.5	3:05	-0.7	3:30	-0.4	6:23	6:03	
9	Tue	10:11	4.4	10:31	4.7	3:52	-0.6	4:11	-0.4	6:21	6:04	
10	Wed	10:55	4.1	11:19	4.7	4:42	-0.5	4:54	-0.4	6:20	6:05	
11	Thu	11:41	3.8			5:36	-0.3	5:43	-0.2	6:18	6:06	
12	Fri	12:10	4.6	12:33	3.4	6:34	0.0	6:36	-0.1	6:17	6:07	
13	Sat	1:08	4.5	1:31	3.1	7:37	0.2	7:36	0.0	6:15	6:08	
14	Sun	2:14	4.3	2:39	2.9	8:45	0.4	8:41	0.1	6:14	6:09	
15	Mon	3:27	4.2	3:51	2.9	9:55	0.4	9:49	0.0	6:12	6:10	
16	Tue	4:38	4.3	5:00	3.1	11:03	0.3	10:57	-0.1	6:11	6:11	
17	Wed	5:41	4.4	5:59	3.4			12:03	0.1	6:09	6:12	
18	Thu	6:35	4.4	6:50	3.7			12:52	-0.1	6:08	6:13	
19	Fri	7:23	4.5	7:37	3.9	12:54	-0.5	1:34	-0.3	6:06	6:14	
20	Sat	8:06	4.4	8:20	4.2	1:43	-0.7	2:13	-0.4	6:05	6:14	
21	Sun	8:47	4.3	9:02	4.3	2:28	-0.7	2:49	-0.4	6:03	6:15	
22	Mon	9:26	4.1	9:42	4.4	3:11	-0.6	3:25	-0.3	6:02	6:16	
23	Tue	10:05	3.9	10:22	4.3	3:53	-0.4	4:00	-0.1	6:00	6:17	
24	Wed	10:43	3.6	11:02	4.2	4:35	-0.1	4:37	0.1	5:59	6:18	
25	Thu	11:23	3.3	11:44	4.1	5:18	0.2	5:16	0.4	5:57	6:19	
26	Fri			12:05	3.1	6:04	0.5	5:59	0.6	5:56	6:20	
27	Sat	12:30	3.9	12:51	2.9	6:54	0.8	6:47	0.8	5:54	6:21	
28	Sun	1:22	3.7	1:44	2.8	7:48	1.0	7:41	0.9	5:53	6:22	
29	Mon	2:22	3.6	2:44	2.7	8:45	1.2	8:39	0.9	5:51	6:23	
30	Tue	3:26	3.7	3:47	2.9	9:43	1.1	9:39	0.8	5:50	6:23	
31	Wed	4:25	3.8	4:43	3.1	10:39	1.0	10:37	0.6	5:48	6:24	